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Vol. 15, No. 14

From the Beaches to the River District downtown Fort Myers

APRIL 8, 2016

# Harry's Senior Moment Improv Troupe Returns To Alliance April 14



Harry's Senior Moment troupe

fter the success of Harry's Senior Moment improv's debut in January, the HSM troupe is being welcomed back to the Fould's Theater at the Alliance for Lathe Arts on Thursday, April 14 at 8 p.m. for a new show. Improv is never the same show twice because it always includes audience suggestions and participation. The troupe will include some new games and also introduce some youngsters into one segment.

continued on page 18

# Guide Dog Walkathon April 9

outheastern Guide Dogs is holding its biggest fundraiser of the year on April 9, the Walkathon, which this year has its 30th anniversary.

Each year, thousands of participants lace up their shoes, grab their dogs' leashes, and head out to support the cause.

All 2016 Walkathons are resented by Publix Paws, a free Publix program for pet parents. The Fort Myers Walkathon

will be held at JetBlue Park at 8:30 a.m. and will feature a family- and dog-friendly atmosphere with local sponsors, food, shopping, music, four-legged friends, along with a 3K noncompetitive walk.

Southeastern Guide Dogs, a 501(c)3 non-profit organization, is the 2014 Tampa Bay Business Journal's overall Nonprofit of the Year. It relies on the generosity of the community to provide guide dogs and services at no charge to recipients.

For more information, go to www.guidedogswalkathon.org or call Jane Alkire at 941-803-7547.⇔



member of The Calendar Girls, who support the cause



The Heights Center

# Heights Charter School To Open

he Heights Foundation has announced the opening of Lee County's newest tuition-free public charter school. The Harlem Heights Community Charter School, located at The Heights Center, 15570 Hagie Drive in Fort Myers will serve children in Kindergarten through grade 3. The school's vision is to create a small school community with focused and individualized instruction where all students are valued, supported in the development of core academic skills and encouraged to challenge their learning toward excellence.

The school embraces the challenge of educating a diverse group of students. The academic and enrichment programs are research-based and carefully

designed to meet the needs of students. The school will assist students through a unique multi-faceted approach to education that will prepare them for subsequent educational placements.

The Harlem Heights Community Charter School's organization and educational program is based on the beliefs that all students can learn and all students deserve a chance to become all they can be," said Debra Mathinos, director of The Harlem Heights Community Charter School. "We believe students learn at different rates and should have a variety of instructional options that meet their individual needs and learning pace.

According to The Florida Department of Education, charter schools are among the fastest growing school choice options in Florida. Charter schools are largely free to innovate, and often provide more effective programs and

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# FGCU Theatre Program Presents Spoof Of Alfred Hitchcock Thriller

he Theatre Program in the Bower School of Music & the Arts at Florida Gulf Coast University (FGCU) presents Alfred Hitchcock's The 39 Steps, adapted by Patrick Barlow, from April 8 to 17 at FGCU's Theatre

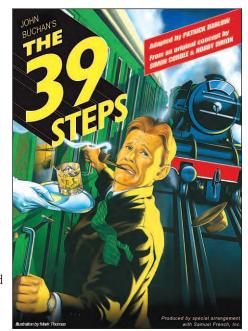
An ordinary man meets a mysterious woman who is being pursued by foreign agents. When the woman is suddenly murdered, the man becomes the target of an international manhunt. His only hope is to clear his name, but who can

FGCU theatre professor Gerritt VanderMeer directs this spoof on Alfred Hitchcock's classic thriller, *The 39 Steps*, which features four FGCU students

playing more than 30 characters.

Performances will be April 8, 9, 15 and 16 at 7:30 p.m. and April 10, 16 and 17 at 2 p.m., with a post-performance discussion with the actors, director and crew following the April 16 performance.

Individual tickets cost \$10 for the



general public and \$7 for students. Tickets and further information are available at www.theaterlab.fgcu.edu or at the door, based on availability.

Historic Downtown Fort Myers, Then And Now:

# 'International Meeting Of Suffragettes,' The Lighter Side



by Gerri Reaves, PhD

his October 1913 photo taken at the Andrew D. Gwynne Institute at Second and Jackson Streets is a lesser-known manifestation of the women's suffrage movement: men dressing as women and vice-versa.

This cross-dressing was done both in fun-loving support of women's suffrage or in ridicule of it.

Who knows what was on the minds of the unidentified subjects, but several are clearly having fun.

In the back row, several men sport wigs and women's hats and clothes. The "lady" second from the right looks distinctly distracted or somewhat ill-at-ease, however.

Note the woman (center) dressed in a bowler hat and holding a sign reading "Votes for Women." At least two other people hold signs indicating that one could be both playful and serious at an "international meeting."

And the seriousness of that topic prior to 1920 should not be overlooked.

One case in point: Just months before this photo was taken, thousands of suffragettes had marched in Washington, DC down Pennsylvania Avenue in a parade organized by the National American Woman Suffrage Association.

The event drew marchers from across the country and was timed to make a bold statement – on the eve of Woodrow Wilson's inauguration as U.S. president.

The women marchers encountered male hecklers who shoved and hit them, spat on them, and yelled abuse - all while the police refused to intervene.

More than a hundred marchers were hospitalized and the event drew national attention, including congressional hearings, thus helping to turn the political tide.

It was a long struggle. Many historians pinpoint the 1848 Seneca Falls Convention in New York as the official beginning of the movement that eventually led to the pass-



In October 1913, an "International Meeting of Suffragettes" convened at the Andrew D. Gwynne Institute at Second and Jackson. This costume-party look was a light-hearted aspect of the fight for the women's right to vote. In the background on the southeast corner is the First Baptist Church, the first of three sanctuaries that have stood on the site.

photo courtesy Florida State Archives



Maybe it's time for another convention on this historic spot

photo by Gerri Reaves

ing of the 19th Amendment in 1920, which granted all American women the right to vote.

Women's suffrage and the economic and political equality it implied were issues even in little Fort Myers, especially in the 19-teens, a decade that, because of World War I, women were especially prominent and visible in keeping the home front safe and functioning.

The fight for the vote heated up nationwide, and Florida was no exception. Groups such as the Florida Women's Suffrage Association, the Florida Equal Franchise League, and the Florida Equal Suffrage Association, founded in 1893, 1912 and 1913, respectively, played major roles.

Oddly enough, even after the 19th Amendment became law in 1920, Florida did not ratify it, and didn't do so until 1969! Florida women, however, did enjoy the rights of the amendment even as the state delayed ratification.

More locally, Estero's Koreshan Unity, known for their artistic endeavors and their belief in equality of the sexes, performed a pro-voting rights drama titled Women, Women, Women, Suffragettes, Yes.

Fort Myers women's organizations such as the Business and Professional Women's Club furthered the cause of women and advocated equal pay for equal work (sound

Among its members were women who figured prominently in Fort Myers business and civic history: Julia Park, Edna F. Grady, Kate Jeffcott, M. Flossie Hill, Alta L. Evans, and Josephine "Josie" M. Stadler, just to name several.

In 1920, Minnie A. Stone, wife of physician George S. Stone, became the first woman in Lee County to register to vote.

Mrs. Grover E. Gerald of the voter registration office reported in the second week of September that 11 women, including two black women, had registered. Women's suffrage had arrived.

Walk down to Second and Jackson to the Gwynne Institute, where an illustrious group of international suffragettes made a political statement with a dash of humor.

Then visit the Southwest Florida Museum of History at 2031 Jackson Street, where you can learn about the early Fort Myers women who worked in business, education, real estate, public service, the arts and other fields.

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

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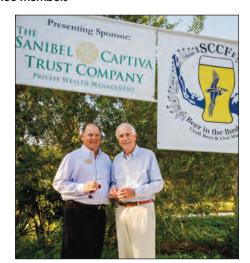


Beer in the Bushes sponsors and host committee members

# Last Call For Beer In The Bushes Saturday

It's last call to buy your tickets for the 5th annual Beer in the Bushes. Sanibel-Captiva Conservation Foundation's end-of-season bash is set for Saturday, April 9 from 6 to 10 p.m. Guests can roam the grounds of SCCF's nature center while sampling craft beer and food truck offerings, live music, dancing and a few surprises.

This is a rain or shine event and guests 21 and over are welcome to attend. Tickets can be purchased online at sccfbeer.eventbrite.com for \$60 in advance, \$70 day of and at the door.



Sanibel Captiva Trust Company's Steve Greenstein and Al Hanser

The Sanibel Captiva Trust Company, Presenting Sponsor, has been essential in keeping ticket prices low, according to SCCF.

Ticket sales are going well in large part because of this year's entertainers, Kermit Ruffins & The BBQ Swingers. Their unique brand of New Orleans jazz has earned them a national reputation and a local following.

"The response to signing Kermit has been amazing," said Jeff Siwicke, concept creator. "Many thanks to Jensen's Twin Palm Resort and Marina for funding his performance as our returning Band Sponsor."

Attendees can choose among four local food trucks. Tickets include \$10 in TruxBux, redeemable for dinner choices from any of the trucks.

Eight micro-breweries will be pouring

samples as they compete to win the People's Choice Award. The lineup includes Point Ybel Brewing Company (the defending 2015 champs), Fort Myers Brewing Company, Momentum Brewhouse, Old Soul Brewing, Naples Beach Brewery, Palm City Brewing, Bury Me Brewing and Cape Coral Brewing Company.

This fundraiser helps support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.

SCCF is located at 3333 Sanibel-Captiva Road on Sanibel. For additional information call 472-2329.\*\*

# Giant Community Flea Market

pope United Presbyterian Church, located at the intersection of Hickory Drive and U.S. 41 in south Fort Myers, repeats it monthly flea market on Saturday, April 9.

Individuals, businesses, organizations and churches can rent one of the 28 spaces for \$20 and keep all the proceeds from their sales.

Set up begins at 7 a.m. with sales open to the public from 8 a.m. to noon.

This is the 5th year of operation. The sale includes craft items, jewelry, produce, toys, computers, baked goods, pies and cookies.

For more information, contact the church office at 267-3331.☼

# Davis Art Center Calls To Artists To Submit Artwork

The Sidney & Berne Davis Art Center is seeking submissions of 2- and 3-dimensional art work for its annual juried exhibition, with an opening reception held on Friday, June 3 during downtown Fort Myers River District's monthly Art Walk. The annual juried art exhibition is asking artists to explore Notes, in both 2-D and 3-D pieces.

Notes are a part of our lives in a variety of ways, but all kinds of notes are ways of communicating, economically, socially, or spiritually. We invite artists to explore Notes, be they musical, monetary, handwritten, love notes, sticky notes, etc. Artwork should incorporate "notes" theme into their composition, either as media, subject or thematically.

Pieces submitted to the exhibition should fit the call to artists and the artist statements submitted should serve to explain how those pieces fit. While there are no specific guidelines for dimensions or sizes of the pieces that will be accepted for exhibit, the curator encourages innovative and unique installations – unconventional media and art work of immense proportions can be hung from either its massive

walls or from its 20-foot ceiling, or displayed on its magnificent granite floors.

For the online entry form and submission details, visit www.sbdac. com/call-for-artists. Digital images of submissions must be received via e-mail no later than Friday, May 13. The exhibition closes on June 21.

The Sidney & Berne Davis Art Center is located at 2301 First Street in Fort Myers. Call 333-1933 or visit www.sbdac.com for more information.

# Democratic Women's Club

n Saturday, April 9, at 10:30 a.m., the Democratic Women's Club (DWC) of Lee County will hold its monthly membership meeting at the Quality Life Center of Fort Myers, 3210 Dr. Martin Luther King, Jr. Boulevard (main entrance and parking located on Cuba Street). The featured speaker will be a representative of Quality Life Center, with news about the 2016 summer camp schedule.

There will be beverages available at the meeting but no lunch service. Members wishing to lunch after the meeting will gather at the Oasis Restaurant, 2260 Martin Luther King Boulevard.



# Taste of Freedom Tickets On Sale

ime is running out to buy tickets for the inaugural Taste of Freedom on Saturday, April 9 from 6 to 9:30 p.m. at Scanlon Lexus of Fort Myers. This fun-filled evening will feature a Lexus raffle and over \$25,000 of live auction items, with all proceeds benefitting the Southwest Florida Regional Human Trafficking Coalition. Tickets can be obtained at SWFL-humantrafficking.org for \$75, and tables are available for purchase as well.

This glamorous evening features a variety of exciting live auction items, including a trip to Africa, a chef's evening for four at Brio, a beach house weekend, breakfast with Fort Myers Mayor Randy Henderson, a twonight stay in Key West, lunch for four with Lee County Sheriff Mike Scott and many more once in a lifetime opportunities. A 24-month lease on a 2016 Lexus will be raffled off during the event to one lucky winner.

The Southwest Florida Regional Human Trafficking Coalition has partnered with 10 restaurants and niche caterers in Southwest Florida for this inaugural event. Cantina Laredo, DaRuMa, LeRoy Selmon's, Crave Culinaire, Tarpon Bay, India Palace, LeeSar Culinary, Here's Howe, Black Salt and Ellie Bee's Bakery will feature their culinary creations during Taste of Freedom.

A surprise guest will serve as the Master of Ceremonies throughout the evening. This sparkling event calls for cocktail attire and will feature live band entertainment and wine tastings in

addition to all the delectable food.

Taste of Freedom will unmask the realities of human trafficking and celebrate the empowerment of its survivors in our immediate area. All proceeds raised through the event will benefit the Southwest Florida Regional Human Trafficking Coalition to help provide medical and treatment needs,

safe shelter, clothing and food.
Scanlon Lexus of Fort Myers
serves as the event's Title Sponsor, with Platinum PEO Resources, Inc., CONRIC PR & Marketing, Card Systems and Dunkin' Diamonds also sponsoring.  $\mbox{$\mbox{$\mbox{$$}$}$}$ 

# Local Girl Scout Volunteers Receive Awards

o celebrate National Volunteer Appreciation Week (April 10 to 16), Girl Scouts of Gulfcoast Florida is recognizing six Fort Myers residents who received Adult Achievement Awards at the council's annual meeting.

Darcey Freeman, Jennifer Sioma, Darby Zimmerman, Mary Harder and Christina Maurais each received the Volunteer of Excellence Award. This honor is reserved for those volunteers who have contributed outstanding service while partnering directly with girls to implement the Girl Scout Leadership Experience through use of the National Program Portfolio, or who have contributed outstanding service in support of the council's mission delivery to girl and adult members.

In addition, Meg Shanahan received the council's Green Angel Award for

outstanding volunteer support. Though both awards were issued by the local council, the Volunteer of Excellence Award is recognized nationally by Girl Scouts of the United States as one of the highest adult awards available in Girl Scouting.

For more information, visit www. gsgcf.org.₩

# Republican Women Luncheon

epublican candidates for Lee County School Board Districts 2 and 4 will be the guest speakers during a forum held by the Fort Myers Republican Women on Tuesday, April 19. The candidates will provide their platforms during the monthly luncheon. Candidates will be asked questions from the audience following their prepared

The public is invited to attend the luncheon and the program being held at The Helm Club, The Landings in South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program. Cost to attend the luncheon is \$18. Reservations are required by Thursday, April 14 and may be made by contacting Tina Laurie at 489-4701. Checks may be written to Republican candidates of their choice and the club will pay for the luncheon.

Additional information about the Fort Myers Republican Women may be obtained by contacting the Carole Green, club president, at 850-590-

2206.₩

# MOAA Meeting

ana Brunett, the city of Cape Coral's economic development manager, will be the featured speaker at the regular monthly meeting of the Calusa Chapter of the Military Officers Association of America on Saturday, April 9. The 9 a.m. meeting will be held at Gulf Coast Village, located at 1333 Santa Barbara Boulevard in Cape Coral.

Brunett will speak about current activities in the city and plans for the future. A question-and-answer session will follow his prepared remarks.

All current, former and retired military officers and spouses are invited to attend. The cost for the buffet breakfast is \$10, payable at the door. Reservations are requested. Contact Dixie Buick at 945-5030 or calusamoaa@yahoo.com.

MOAA is a national organization of military officers that supports the interests of military members of all ranks-past, present and future. Regular membership is open to all current and former officers, and associate membership is available to all who support our armed forces. Contact chapter president Gary Peppers at 573-6690 for information about the Calusa Chapter of MOAA. Contact Tim Cook at 945-6155 for more membership 

# Taste Of North Fort Myers To Return April 10

The Shell Factory & Nature Park will be providing the venue for this year's Taste of North Fort Myers on Sunday, April 10 from 11 a.m. to 4 p.m. Hosted by the North Fort Myers Chamber of Commerce, this year's event will feature food, business vendors and live entertainment. The Country Express Band and The Calendar Girls will take the stage, along with a raffle for a brand new bicycle. Admission is \$3 per person; children 10 and younger are free.

Taste of North Fort Myers will offer an opportunity to sample dishes from some notable North Fort Myers restaurants as well as visiting with some area business vendors. The Shell Factory Retail Store, Nature Park, Fun Park and outdoor bars will all be open. Guests can even bring their four-legged friends and visit the Dogbones Cafe. Visit www.shellfactory.com or www.tasteofnorthfortmyers.com for more informa-

The Shell Factory & Nature Park is located in North Fort Myers, four miles north of the Caloosahatchee on Highway 41. Call 995-2141 for additional details.☆

To advertise in The River Weekly News Call 415-7732

# HORTOONS





Neon Summer

# Barbecue Competition & Music Festival

The Smoke on the Water Barbecue Competition & Music Festival returns for a third year at the downtown river basin hosted by the Sidney & Berne Davis Art Center. Talented barbecue teams from across the South will go head-to-head for more than \$10,000 in cash prizes on Friday, April 29, from 6 to



Sheena Brook

10 p.m. and Saturday, April 30th from 11 a.m to 10 p.m. This is a free, family event including prizes, games, music and, of course, lots of barbecue. This official Florida Bar-B-Que

This official Florida Bar-B-Que Association sanctioned competition includes professional teams from all across the Southeast, who will light up their smokers for the Grand Champion title. Over \$10,000 in prizes will be awarded. Smoke on the Water is a qualifier for the Jack Daniels Invitational drawing and the FBA's new championship contest, the Sonny's Smokin' Showdown Invitational.



Unforgiven

Last year's event drew over 30 professional teams and over 25,000 attendees to the Fort Myers River Basin and downtown area, setting an attendance record for the Sidney & Berne Davis Art Center.

In addition to the barbecue and music, families will enjoy a kid zone with arts and activities.

The music stage will be located in front of the City Pier Building along the river in the historic district. Music by the Nowhere Band Beatles' tribute band kicks things off Friday night, followed by headliners on Saturday. Unforgiven Band, Neon Summer and Sheena Brook are scheduled to perform on Saturday.

Admission is free both Friday and Saturday.

VIP tickets and tables are available for Saturday. VIP royalties include access to VIP tent located near the stage, one ticket per guest to redeem for a Smoke on the Water souvenir t-shirt, artist and band meet and greets inside the VIP tent, one meal ticket for your choice of barbecue, and three drink tickets for your choice of brew or beverage.

Professional teams interested in competing should visit www.sbdac.com/smoke2016 for contest information, rules and applications. There is a fee to compete. All proceeds from the competition and music festival benefit the Sidney & Berne Davis Art Center.

Smoke on the Water is sponsored by: Victory Layne Chevrolet, City of Fort Myers, Lee County Visitor & Convention Bureau, iHeart Media and Modern Services Air Conditioning.

Other sponsorship opportunities are still available. See the website for more information.

For more information about the Florida Bar-B-Que Association, visit: http://fbabbq.com/%



Luz Santana, Victoria, Mercury and Isabella Morgan all from Lehigh Acres, and Pilot Club president Patsy Tortora.

# Pilot Club Distributes 300 Cycle Helmets

The Pilot Club of Fort Myers distributed 300 bicycle helmets during the recent Reading Festival in Centennial Park.

Children had to be present to receive the helmets so they could be fitted properly. Children are reminded to wear their helmets any time they are on "wheels."

The focus of the Pilot Club of Fort Myers is helping organizations seeking to improve the quality of life for individuals with brain-related disorders through volunteer activities, education, and financial support.

For information about the Pilot Club, contact Patsy Tortora, 322-6138, or rptortora@aol.com.



Matthew Shuster of Fort Myers, shows off his new bicycle helmet. With him are his parents Rosann and Nathan Shuster.

From page 2

# Suffragettes

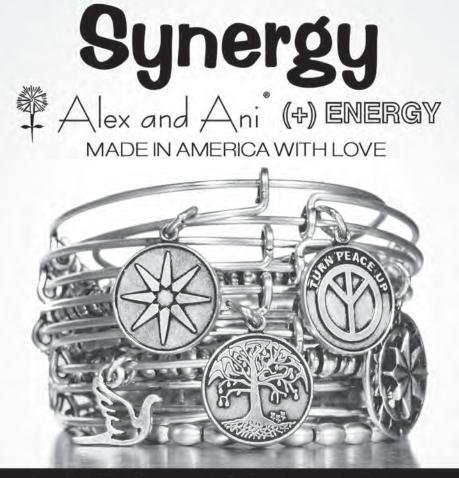
Be sure to visit the Southwest Florida Historical Society's research center if you want to discover local history.

The all-volunteer non-profit organization is at 10091 McGregor Boulevard on the campus of the Lee County Alliance

for the Arts.

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: Archives of the Southwest Florida Historical Society and www.floridamemory.com.☆



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# United Way Day Of Caring



Lee Memorial Health System volunteers packing food at the Harry Chapin Food Bank

mployees of Lee Memorial Health System participated in a United Way Day of Caring at Harry Chapin Food Bank. The volunteers processed 1,950 pounds of pinto beans, the equivalent of 1,625 meals for neighbors in need in Lee, Charlotte, Collier, Hendry and Glades counties. Harry Chapin Food Bank is a United



Lee Memorial Health System volunteers gathered at the Harry Chapin Food Bank

Way Partner Agency.

This LMHS department headed by Dr. Scott Nygaard has participated in several volunteer projects including for Harry Chapin Food Bank, The Heights Center, and IMPACT for Developmental Education. Members of the team said they really enjoy helping the food bank, and volunteering is a great team experience.

"The LMHS ambulatory services team and their families are pleased to have the opportunity to serve others by supporting Harry Chapin. We always get more back by giving and it is a reminder to us of how little it takes

to make a difference in the lives of others," said Dr. Nygaard, MD. "Basic nutrition is really a foundation to health, thanks for allowing our team to serve others as a way of fulfilling the LMHS mission 'to meet the healthcare needs and improve the health status of the people of Southwest Florida."

"We sincerely appreciate the generosity of the employees of Lee Memorial Health System," said Cliff Smith, President of the United Way of Lee, Hendry, Glades, and Okeechobee. "Their commitment to volunteering means so much to our partner agencies and our entire community."

The United Way's Day of Caring is a year-round program, coordinated by the United Way Volunteer Center which matches businesses' desire to help with the needs of the community. Many local groups and companies have participated such as Publix Supermarkets, Turbine Generator Maintenance and Fifth Third Bank.

The United Way Volunteer Center connects individuals and companies to volunteer opportunities throughout our community. Contact the United Way Volunteer Center by calling 433-2000 option 9 or by visiting www. UnitedWayLee.org/Volunteer.



Bob Ferraraccio, SCORE mentor; Tina Davis, economic development specialist/VBDO, SBA; Sylvia Dorisme, Southwestern vocational training, Client of the Year; and SCORE mentors Dale Johnson and Mac MacFadden

# SCORE Names Exceptional Business Owners

outhwest Florida SCORE held its 45th annual luncheon at the Gateway Golf and Country Club on March 21, honoring its award recipients. Sharing in honoring the award winners were Mayor Nick Batos of Village of Estero, Ralph Warmack, district director of SCORE, and Tina Davis of the Small Business Administration (SBA).

Sylvia Dorisme of Southwestern Vocational Training received the Client of the Year award.

Ali Frantz of Emmeline Textiles was presented the Businesswoman of the Year award.

Pedro de Armas of Naples Mural received the Minority Owned Business Person of the Year award.

Each of these recipients displayed the ingenuity and diligence to take their businesses to the next level, due in large part to their work and the mentorship of Southwest Florida's chapter of SCORE.

SCORE is a nonprofit association dedicated to educating entrepreneurs and helping small businesses start, grow, and succeed nationwide. SCORE is a resource partner with the U.S. Small Business Administration (SBA), and has

been mentoring small business owners for more than forty years.

Dorisme was honored for her work in expanding her business. At the young age of 25, she opened a vocational school in Cape Coral. Upon starting her business, things began to grow faster than anticipated and she sought assistance.

"A couple of years ago, I started looking online for some free business resources," said Dorisme. "After reviewing the SBA website, I came across SCORE and it was the best thing that could have happened for my business and the continued success of our students." Having followed the guidance and mentorship offered through SCORE, Dorisme was able to make valuable connections in the community, expand her growing business from a few hundred square feet facility to an over 2,000-square-foot operation.

"My advice to business owners is to take your goals seriously, take the actions you need to succeed and definitely seek the guidance and mentorship to take your company to new heights. This is how you plan to succeed and thanks to the wonderful mentorship I have received through SCORE, my dreams are an exciting reality," she added.

Ali Frantz came to SCORE in 2014 seeking guidance in how to grow her business. Starting a line of baby slings and embracing her passion, she started



David Hamlett, SCORE mentor; Ali Frantz, Emmeline Textiles, Businesswoman of the Year; and Mike Lowe, director, Southwest Florida Enterprise Center

her business doing everything on her own. "When I came to SCORE, my gross sales were around \$5,000. From the mentorship I received, our gross sales increased by five times in a year and we are projected to more than double that this year. It seems so surreal to have been honored with this award," said Frantz. "It is all because of SCORE; from formulating my business plan, to legal and technical, to marketing and more. If you are starting a business or looking to grow your business, you definitely should come to SCORE and listen to them. They know what they are doing."

Pedro de Armas came to the United States in 2009 from Havana, Cuba with a goal and dream, as do so many immigrants. With a love of the arts and painting, he started Naples Murals. In order to provide for his family, he worked in a shipyard sanding hulls on boats while also trying to grow his mural business. He became a U.S. citizen last month, started with SCORE in July 2015. Within months of doing the work his mentors provided, he landed a Collier County School District contract to provide 41 murals in cafeterias and gymnasiums. In addition, he has continued to grow his business providing murals in libraries,



Suzanne Specht, assistant director SBDC; Pedro de Armas, Naples Mural, Minority Owned Business Person of the Year; and Jack Dunigan, SCORE chapter chair

private homes and churches. Much of de Armas' work also hangs in galleries in Miami and Amsterdam.

"I am beyond surprised and honored to have been selected as the Minority Owned Business Person of the Year. My business could not have grown so quickly if it had not been for SCORE. I sincerely thank my mentor Jack Dunigan for his belief in me and the invaluable wisdom he shared."

Steve Records, SCORE VP of field operations said in his keynote address, "We are changing the world. People are not interested in what you do, but why you do what you do. Our valued volunteers and mentors get to the why. Whether you are a volunteer, partner, member or business owner seeking guidance, we are here to help change the world. We are creating jobs, bettering our economy and making changes one step at a time."

For more information, visit SCORE Southwest Florida Chapter 219 located in the Social Security Building in Suite 231 at 3650 Colonial Boulevard, Fort Myers; visit southwestflorida.score.org; email score219@embarqmail.com; or call 489-2935.

## 30th Anniversary Of Barbara B. Mann Hall



Frank and Mary Lee Mann

n March 23, 100 guests joined the staff of Florida SouthWestern State College and the Barbara B. Mann Performing Arts Hall on stage for a reception celebrating the 30th anniversary of the Barbara B. Mann Hall. Guests at the gathering also had backstage tours offering a pictorial walk through of the past three decades of the facility.



Scott Saxon and Dr. Henry Peel



Frank Mann



Rhonda Godbold and Vivian Jones



Jennifer Auray and Kathleen Leavesley



Lynn Singleton, Dr. Jeff Allbritten and Dr. Robert Jones

From page 1

# Heights Charter School

choice to diverse groups of students. More than 650 charter school are available in Florida and student enrollment is nearly  $270,\!000$ .

The Harlem Heights Community Charter School will welcome its first classes of Kindergarten and first grade on August 10, 2016. Enrollment opportunities are available. For more information contact Debra Mathinos at 482-7706 or by email debra@heightsfoundation.org.



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Producer/director Connie Bottinelli with The Curse of Tutankhamun crew

# Along The River

The 6th annual Fort Myers Film Festival is being held Thursday, April 7 to Sunday, April 10 at a number of venues including the Barbara B. Mann Performing Arts Hall, Sidney & Berne Davis Art Center, Alliance for the Arts and Broadway Palm Dinner Theatre. Expect 70 films in this year's programming.

On Friday, April 8 from 10 a.m. to 5 p.m., the Alliance of the Arts is presenting films in Foulds Theatre. The film screenings will include documentaries such as Lessons from Mister Rogers' Neighborhood, Papa and Buried Above Ground; and short films such as An Exercise in Style, Remember When, Twin Fall, Helio, Two Kinds of People, The Tugboat Captain's Ball, Val-en-tina, Autumn Leaves, Artspeak, The Poem of a Memory, In Progress, Lost in Manboo and 1-0.

Admission is \$10 per film or film blocks (some sessions involve multiple shorts one after the next). Tickets for all films are available at the box office the day of the screening

Opening night of the Fort Myers Film Festival features the world premiere of Marcus Jansen – *Examine & Report*, a documentary on the Southwest Florida artist by filmmaker John Scoular, at the Barbara B. Mann Performing Arts Hall. Doors open at 5 p.m., the film is at 7 p.m. Jansen is a celebrated local artist who has been exhibiting his work on an international scale for the last two decades. Tickets are \$19 for general admission and \$99 for VIP and available at www. bbmannpah.com/performance.php?id=745, at the Hall box office or by calling 481-4849.

The Sidney & Berne Davis Art Center celebrates with a Friday night gala with the Southwest premiere of the documentary *Maya Angelou and Still I Rise* by expected attendees Bob Hercules and Rita Coburn Whack. This documentary has been played only at Sundance Film Festival.

Closing night ceremony will feature a champagne and desserts awards gala dinner at the Broadway Palm Dinner Theater at 7 p.m. Cost is \$25.

Visit www.fortmyersfilmfestival.com for more information and a complete lineup of films

On Saturday, April 9, **Friends of the Fort Myers Regional Library** invite residents and visitors to the library at 1651 Lee Street for a free question-and-answer session with a Discovery Channel filmmaker after viewing one of her films. **Connie Bottinelli**, producer/director of *The Curse of Tutankhamun*, will discuss what only filmmakers know. How does one uncover new secrets from a well-known story? What are the challenges of shooting in a foreign country?

Bottinelli has 30 years of experience as an independent filmmaker. She began by producing national and global documentaries for broadcast and cable networks. Some of the films and series that she produced actually launched network series and even other network channels, such as Discovery Health and Planet Green.

Bottinelli is now co-founder of Grinning Dog Pictures, a film and TV production company with offices in Tribeca and Philadelphia. She is a featured interview in the new book, *Documentary Filmmakers Handbook: Life in the Lens*.

Film begins at 2 p.m. Registration is requested. Call 479-4636.

On Saturday, April 9 at 10 a.m., the **Edison & Ford Winter Estates** will host guest speaker Rick Joyce, certified arborist and president of Forestry Resources, Inc., for a short PowerPoint presentation and hands-on demonstration called Garden Talk: Trees and Shrubs for Health and Bloom, on the basics of pruning trees and shrubs in your garden.

Joyce and John Cauthen recently partnered and formed their ecological consulting and land management firm. The company manufactures and distributes environmentally friendly products used in commercial and residential landscapes.

Interested participants are asked to meet at the information booth at the Edison Ford garden. Cost is \$5 for Edison Ford members and \$10 for non-members.

Garden Talk goers will receive a 20 percent discount certificate to be used in the Edison Ford Garden Shop.

Send an RSVP to Leeanne Criswell, Edison Ford program registrar, at lcriswell@ edisonfordwinterestates.org or call 334-7419.

A continuing show of artwork created by elementary and middle school art students in Lee County is on display on the gallery walls at the **Alliance for the Arts**.

The show began April 6 and will be followed by high school work on exhibit. A second opening reception to celebrate those students willl take place April 20 from 5 to 7 p.m. The exhibit will remain on display until April 30.

The 24th annual partnership with the Lee Arts Educators Association (LAEA) allows students a



The 2016 Fort Myers Film Festival guide cover

chance to display their work in a formal setting. LAEA is a group of art teachers who work to recognize and promote students who show an interest and aptitude in the visual arts. Artwork by LAEA member teachers will be on display in the Alliance Member Gallery.

The Alliance galleries, free and open to the public, are open Monday through Friday from 9 a.m. to 5 p.m. and Saturdays from 9 a.m. to 1 p.m. The Alliance is located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.

## Community Band Final Concert

submitted by: Susan Rayman

n April 10, the Lee County Community Band will present its last concert of the season, Sousa on Parade, featuring toetapping favorites by John Philip Sousa, George Gershwin and Rodgers and Hammerstein. The 3 p.m. concert takes place at Cape Coral High School.

Program highlights include Sousa's Songs of Grace and Songs of Glory, Nobles of the Mystic Shrine and The Fairest of the Fair; Gershwin's selections from Porgy and Bess; Lo Virgen de la Macarena,

from Porgy and Bess; La Richard Bradstreet, director of the Lee County Community Band

a traditional Spanish/Mexican song originally arranged for the Canadian Brass; and Richard Rodgers's *Symphonic Portrait for Concert Band*.

Cape Coral High School is located at 2300 Santa Barbara Boulevard, one block north of Veterans Parkway. The band has a large, loyal and enthusiastic audience; plan to arrive early for best choice of parking and seating. Admission is free, though donations are accepted.

The band comprises 50 musicians from all walks of life who reside in Lee, Collier, and Charlotte counties. The director is Richard Bradstreet and the emcee and vocalist is Norman Jones.

The band will resume rehearsals in October and perform its first concert of the 2016-17 season on November 13.

# **FORT MYERS FARE**

Dining From Downtown's Historic River District To The Beaches

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### DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's bestselling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

### **ICHIBAN**

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Whether you want a tropical cocktail to help kick-start your vacation, or a "restorative" Bloody Mary to help you hang on, Island Cow now boasts a full liquor bar.

### **ISLAND COW**

Where can you go when you're in the "moooood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. 2163 Periwinkle Way, Sanibel. Call 472-0606.

### **SS HOOKERS**

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves

American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

# BIG ARTS Concert Band

The BIG ARTS Concert Band will present a repeat performance of their recently sold-out Schein Hall Pops concert at Faith United Methodist Church, located at 15690 McGregor Boulevard in Fort Myers on Friday, April 15 at 7 p.m.

The 50-piece band will feature music from the silver screen with selections from Pirates of the Caribbean, The Great Escape and The Magnificent Seven

Sanibel residents August Thoma and Erik Entwistle will be featured soloists, with Thoma playing the Duke Ellington classic *Harlem Nocturne* on alto sax, and Entwistle playing *Theme from The Apartment* on the grand piano.



# Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA) 2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900.

www.allfaiths-uc.org
ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK

### ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation. fl.goarch.org, 481-2099

BETH SHILOH

**MESSIANIC SYNAGOGUE** 

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

### **BREAD OF LIFE MINISTRIES** CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m. CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@ chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and

Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverendt Ted Althouse, Pastor revtedalthouse@aol.com

**CHURCH OF THE CROSS** 

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45

**CONGREGATIONAL CHURCH** 

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com
COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverned Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

PRESBYTERIAN CHURCH 8260 Cypress Lake Drive, Fort Myers,

481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m. CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD **OUTREACH MINISTRIES** 

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available. FAITH UNITED METHODIST CHURCH 15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer.Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San . Carlos Boulevard on the way to Sanibel. FIRST CHURCH OF CHRIST, SCIENTIST 2390 West First Street, next door to Edison Estates. 10:30 a.m Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE 13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m. FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers. org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.
FORT MYERS CHRISTIAN CHURCH

(DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15

### FORT MYERS CONGREGATIONAL **UNITED CHURCH OF CHRIST:**

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.
IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday

9:30 a.m. services.

JESUS THE WORKER CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m. KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service. LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www. lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m

**NEW BEGINNINGS CENTER** 

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embargmail. com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers
NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts

**NEW HOPE BAPTIST CHURCH** OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH 3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org

PEACE COMMUNITY CHURCH Fort Myers Beach Masonic Lodge 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship:10:30 a.m. www.

peacecommunitychurch.com.
PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www. peaceftmyers.com, peace@peaceftmyers.

REDEEMER LUTHERAN CHURCH 3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.
RIVER OF LIFE ASSEMBLY OF GOD 21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m Services; 11:30 a.m. Legacy

Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. Guided meditations, methods to relaxe body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE **CATHOLIC CHURCH** 

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9,11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER **CATHOLIC CHURCH** 

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m. SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi.

An Affirming and Inclusive Congregation Sunday Services 10 a.m. SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS) 3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH 3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m. SAINT NICHOLAS MONASTERY Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www. saintnicholasmonastery.org.

ST. VINCENT DE PAUL **CATHOLIC COMMUNITY** 

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Šunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE 16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras. Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org. THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. http://www. newchurchflorida.com. 481-5535. UNITARIAN UNIVERSALIST

**CHURCH FORT MYERS** 

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.
UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving

**UNITY OF FORT MYERS** 

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.
unityoffortmyers.org. Our God is Love, Our
Race is Human, Our Religion is Oneness
WESTMINSTER PRESBYTERIAN

**CHURCH** 9065 Ligon Court, Fort Myers, across from

HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship, www. westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org.

# Winners Of Model Water Tower Competition

he winners of the 2016 Model Water Tower Competition, held at Florida Gulf Coast University in Fort Myers on Saturday, January 30, included Bishop Verot High School's Team BV Gold in first place, East Lee County High School's Team Jaguar in second place, and Bishop Verot High School's Team BV Black in third place.

The Florida section of the American Water Works Association (FSAWWA) Region V announced the winners.

Each placing team received a trophy and cash prizes were given including \$300 for first place, \$200 for second place and \$100 for third place. Bishop Verot High School's BV Black also won the most creative model water tower award.

The competition brings together middle and high school students and teachers from Collier, Hendry and Lee counties. The objective is to make participants aware of the importance of reliable drinking water and the rewarding opportunities available in the water profession.

Model water towers may be of any design and constructed from any materials. The best model water tower is selected based on four criteria: structural efficiency, hydraulic efficiency, cost efficiency and design ingenuity.



First place team, Bishop Verot Gold, Bernardo Aulino and John Kauffman with Ron Cavalieri, chair, FSAWWA Region V

FSAWWA Region V is actively recruiting teams for next year's competition. For information contact Ronald Cavalieri, Region V Chair, at 278-7996. Individuals interested in learning more can also follow FSAWWA on Facebook.

FSAWWA is the authoritative resource for knowledge, information, and advocacy to improve the quality and supply of water in Florida and

beyond.

AWWA is the largest organization of water professionals in the world. AWWA advances public health, safety and welfare by uniting the efforts of the full spectrum of the entire water community. Through our collective strength we become better stewards of water for the greatest good of the people and the environment.



Second place, East Lee County High School Team Jaguar, Octavio Martinez with Ron



Third place, Bishop Verot Black Team, Beniamin Allen with Ron Cavalieri

# Birks Named To Dean's List

ichael Birks, a resident of North Fort Myers, has been named to the Dean's List at Ohio Christian University College of Adult and Graduate Studies for the spring 2015 semester.☆

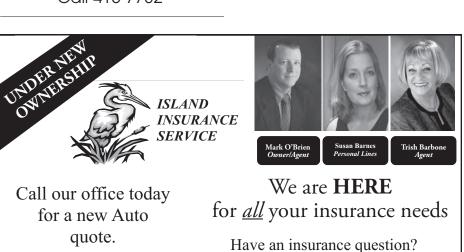
To advertise in The River Weekly News Call 415-7732

# MOAA Meeting

he next meeting of the Lee Coast Chapter of Military Officers Association or America will be held at Crown Colony Golf and Country Club on Monday, April 11 at 5:45 p.m.

Past MOAA Chapter President Doug Quelch, who spent a tour of duty in Saudi Arabia, will discuss ISIS and the culture of Islam in the Mid-East.

Former, retired or active duty uniformed officers that are interested in joining MOAA should contact Jeff Nichols (515-720-5204) for membership information.☆



703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022



# Another Windy April



by Capt. Matt

pril is always a notoriously windy month for anglers and this already proved true within the first few days of the month with gusty south winds up to 30 mph. As a fishing

guide/captain, you have those days when you have to make the call that it's just too rough to go fishing. When you weigh your options and realize that you just can't do it without a beating and soaking from Mother Nature, stay home.

A few days this week, I left the marina bright and early and, after getting to the open exposed water of the sound, simply turned around having to make that phone call both captain and client never enjoy: "Sorry sir, I won't be taking your money today, it's

just too rough to go." Most wind directions on Pine Island Sound still make it possible to get tucked away and fish somewhere in comfort. Strong south winds, on the other hand, offer anglers very few places to hide and make it just about impossible.

On the days I was able to get out and fish this week, the fishing was excellent with snook, redfish and trout all feeding well. Live shiners, which still remained hard to get some days, were the bait of choice for the snook while redfish would just as quickly eat a live pinfish. If you planned on catching trout after trout, live shrimp or even soft plastic jigs were all you needed. During the periods of southerly winds, I concentrated my efforts

on south facing mangrove shorelines and did really well on all three species. Being able to set up way out from the target area and make wind-aided long casts was the key to hooking some of



Frank Edwardi from New Jersey with a top-of-the-slot redfish caught while fishing with Capt. Matt Mitchell this week

the larger snook we have done battle with in months.

Trout fishing has been some of the best I have seen in years, with reports of non-stop action coming from all over the sound. A popping cork live shrimp rig was hard to beat, although soft plastic jigs caught plenty too. Fish depths were from three to five feet on the eastern side of the sound from Chino Island all the way north to Flamingo Bay channel. I'm sure these trout are going off all through the sound. I just have not had to go very far to get it done. Once the bite slows a little, it's just been a matter of moving 50 to 100 yards and it's right back on again. Lots of these trout are just less

than the 15-inch minimum size but there are keepers in the mix too, along with Spanish mackerel, jacks, ladyfish and even a few bluefish. This is some awesome family fishing fun that lets anglers of all skill levels catch lots of

Pine Island Sound manatee slow speed zones went back into effect April 1 or just in time to take away most of the places you might be able to hide and fish from April's windy conditions. This past week, there was a story on the national news about how people are fighting to not have the now over 6,000 manatees in Florida taken off the endangered species list. Manatee population recovery in Florida is an incredible thing, though it has little if anything to do with poorly placed, money-making, manatee slow speed zones. The fact that people who have no idea where Pine Island Sound is have so much to say about what happens out on our waters drives me nuts. Manatee slow speed zones are just a band-aid to hide the mass killer of manatee, red tide caused by nutrient rich run-off from lakes and rivers.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.☆

### Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.



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### **CROW Case Of The Week:**

# Gopher Tortoise



by Bob Petcher

Nhe gopher tortoise (Gopherus polyphemus) is a long-lived reptile that dines on grasses and herbs and occasional fruits and berries. Listed as threatened

in Florida, it is protected under state law. For example, before any land development or even clearing takes place, gopher tortoises must be relocated and property owners must obtain permits from the Florida Fish and Wildlife Commission to capture and relocate them.

Gopher tortoises reside in forests, pastures and yards or well-drained sandy areas with little tree canopy and much low-growing vegetation, such as sand hills, pine or scrubby flat woods, dry prairies, pine-mixed hardwoods and coastal dunes.

Gopher tortoises dig deep burrows for shelter with their shovel-like forelimbs and claws. Interestingly, these homey burrows are shared with more than 350 other species, which may include eastern diamondback rattlesnakes, opossums, rabbits, gopher frogs, burrowing owls and Florida mices. Their forelegs are complemented

by their stumpy, elephantlike hind legs and feet.

It is the latter limbs that CROW is caring for in an adult gopher tortoise that was found on the side of the road in Lehigh Acres on Friday, March 25. The patient was found not moving due to injuries in its hind legs.

Upon initial treatment, CROW medical officials noticed the tortoise was dragging both rear legs when attempting to walk. There were slight abrasions on its knees from the friction with the ground. The left leg appeared to be in more use than the right, although the movement didn't keep it from dragging its lower extremity. Neurological damage to the spine was diagnosed. Further treatment

determined the tortoise had "feeling" in its hind limbs, but it still refused to use them for walking. That is when it was decided to add wheels

to the lower torso area to assist with mobility and to help it regain strength. In fact, the tortoise has utilized the wheels effectively while grazing outdoors.

'It is common practice to use wheels to assist with mobility," said Krystal Wood, CROW's doctor of veterinary medicine intern. "The wheels will be



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Patient #16-816 has begun to move without its assistance wheels for part of the day

used to increase strength and will gradually be removed once mobility is restored. The goal is to get the tortoise to use the wheels less and less to increase its strength in the hind legs."

Within a week of its stay, the patient has experienced increased mobility in its hind legs, Wood says, and the wheels are removed for part of the day to aid in the strength-building process.

The gopher tortoise's release date is still pending. Due to the nerve injury, the expected return to its native area will depend on how the patient responds and how quickly its hind legs regain proper strength.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.☆



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# Purple Trumpet Tree

by Gerri Reaves

After its leaves drop in winter, the purple trumpet (*Tabebuia impetiginosa*) erupts in a shower of funnel-shaped blossoms that last for several weeks.

You might be familiar with the tree's more common relative, the yellow tabebuia tree – or "tabe" – that also brightens up the South Florida spring.

These ornamental trees are natives of Central and South America, members of the begonia family, and a relative of jacaranda and flame vine.

Purple trumpet is also known as tabebuia ipe for short and as pink tabebuia. Flower colors range from rosy pink to lavender to purple and are variegated with yellow in the throat. They appear in panicles at the branch ends.

Despite being semi-deciduous, it makes a good shade tree when it leafs out for the hotter months. Another advantage – it flowers at a young age.



Non-native purple trumpet is a relative of another popular ornamental tree, yellow tabebuia photo by Gerri Reaves

This slow-growing tree reaches about 25 feet in height with a rounded form, an

open canopy, and a smooth gray trunk that can become fissured with age.

The dark-green palmate leaves have five to seven oval or oblong serrated leaflets.

The elongated dry seed pods are up to a foot long.

Purple trumpet needs well-drained soil in a sunny location. It can grow well in sandy soil, but requires some organic material.

Until it's established, it needs plenty of moisture, after which it will be drought tolerant.

If benefit to wildlife is a factor in choosing trees for you yard, consider adding native flowering trees to you landscape, too.

Geiger tree (Cordia sebestena), lignum vitae (Guaiacum sanctum), and sweetbay magnolia (Magnolia virginiana), for example, not only provide lovely flowers, but benefit for wildlife, too.

Sources: Florida Gardener's Guide by Tom MacCubbin and Georgia B. Tasker, Florida Landscape Plants by John V. Watkins and Thomas J. Sheehan, Flowering Trees of Florida by Mark K. Stebbins, ifas.ufl.edu, and south-floridaplant-quide.com.

Plant Smart explores the diverse flora of South Florida.☆



Dr. T. Colin Campbell

# Speaker Series On Plant-Based Nutrition April 14

T. Colin Campbell, Ph.D., nationally recognized nutrition researcher and co-author of the bestseller The China Study, and his son, Nelson Campbell, executive producer, director and co-writer of PlantPure Nation, will visit Fort Myers to address the benefits of plant-based nutrition. The free talk, part of the National Speakers' Series hosted by Lee Memorial Health System and Healthy Lee, is open to the public and will be held at 5:30 p.m. on Thursday, April 14 at First Christian Church, located at 2061 McGregor Boulevard in Fort Myers.

Dr. Campbell will present The Science of Plant-Based Nutrition, a review of the science behind the benefits of plant-based nutrition (health, quality of life and longevity), and how the use of food as medicine is transforming health and health care in Lee County and across the nation.



Nelson Campbell

For more than 40 years, Dr. Campbell has been at the forefront of nutrition research. He is a professor emeritus of nutritional biochemistry at Cornell University and is well-known for researching links between animal-based protein diets and disease, particularly cancer. His legacy, The China Project, is the most comprehensive study of health and nutrition ever conducted.

Nelson Campbell will present Transforming Health Care Across The Nation, a discussion about the documentary *PlantPure Nation* and PlantPureNation.com, an organization that he created to establish a grassroots movement to help adults and children avoid chronic illness and maintain optimal wellness through plantbased nutrition. Nelson has 25 years of entrepreneurial experience with undergraduate and graduate degrees in political science and economics from Cornell University.

Seating is limited and registration is required. Please RSVP to CampbellRSVP@leememorial.org. For more information, call 343-6062.

# Pure Florida Presents Bark On The Ark April 16

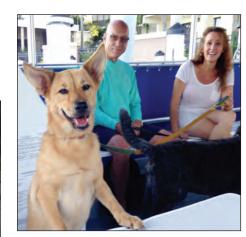


Man's best friend enjoy the waters of Picnic Island during Pure Florida's Bark on the Ark excursions

Pure Florida's Fort Myers location is presenting Bark on the Ark on Saturday, April 16 from 8 to 11 a.m. Guests will have the opportunity to bring their dogs aboard the M/V Edison Explorer for a sightseeing river cruise to Picnic Island, an island located between Sanibel and Pine Island that exhibits the natural beauty of Southwest Florida.

Passengers can enjoy a peaceful cruise along the Caloosahatchee River followed by a playful time on the island, socializing with man's best friend. During the excursion, dogs and owners can run, swim and play catch while enjoying the sunshine, water, sand and fresh air.

Water, Frisbees and dog treats are included for the canines. Human treats, such as soda, wine and beer will also be available for purchase. The *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers.



Canines and owners alike make new friends aboard Pure Florida's Bark on the Ark cruises



Pure Florida guests are invited to bring their dogs aboard the *M/V Edison Explorer* for a special Bark on the Ark sightseeing cruise to Picnic Island

Registration for the tour is \$44 per human. Reservations are required as room is limited to 25 passengers and their pets. All dogs that can follow basic commands are welcome.

For more information or to book your ticket, call 919-2965, email FortMyers@PureFL.com or visit www.PureFL.com.





Betsy Sandstrom, a long-time sea turtle advocate, and her namesake, Betsy the logger-

# Farewell To Resident Loggerhead

The Conservancy of Southwest Florida has said a final farewell to Betsy, the organization's beloved female loggerhead, releasing the sea turtle near the Ten Thousand Islands on March 29. Betsy has served as an ambassador for the loggerhead species within the Dalton Discovery Center for two years, providing visitors a unique opportunity to learn about native sea turtle conservation.

Following Betsy's release, the Conservancy of Southwest Florida welcomed a new juvenile loggerhead to its facilities on March 30.

Conservancy of Southwest Florida visitors can help name the new loggerhead by submitting their ideas in person at the Conservancy Nature Center until April 10. A committee of staff, interns and volunteers will review the submissions and select a name, which will be announced during the Conservancy of Southwest Florida's

Earth Day Festival on April 16.

Betsy hatched on July 31, 2013; her nest was originally found in Boca Raton, Florida. She was part of a gender study with Florida Atlantic University which linked nest temperature to the gender of hatchlings. Her gender was determined while she was still in her egg, and was monitored in her egg before hatching. She was transferred to the Conservancy of Southwest Florida until she was large enough to be released into the wild.

Betsy came to the Conservancy of Southwest Florida in March 2014, weighing 1.07 pounds (486 grams) and measuring 14.1 centimeters in length. To be eligible for release into the wild, captive loggerhead sea turtles must have a carapace length of at least 45 centimeters. Recent measurements confirmed Betsy's carapace length to be 45 centimeters, and she weighed 29.5 pounds.



Betsy Sandstrom holding a loggerhead hatchling in September 2011

Conservancy biologists placed a flipper tag and a PIT tag on Betsy prior to her release. With these devices in place, biologists will be able to determine her origin and release location, should Betsy be found following release.

Betsy the loggerhead was named after the late Betsy Sandstrom, a longtime sea turtle advocate and volunteer for the Bonita Springs/Fort Myers Beach organization Turtle Time. Sandstrom passed away from cancer two years ago.

Following the sea turtle's arrival in 2014, the Conservancy launched a social media contest to help give the loggerhead a name. Upon learning of the contest, one of Sandstrom's friends suggested naming the turtle in her honor. Before she passed away in 2014, Sandstrom had the opportunity to meet her namesake during an emotional introduction, surrounded by friends and family. Members of Sandstrom's family returned to the Conservancy of Southwest Florida for Betsy's release to say a final farewell to the sea turtle.

"We are experiencing many emotions with Betsy's release because this sea turtle's story is one of great legacy. Named after such an inspiring individual, Betsy has gone on to accomplish great things at the Conservancy, helping us share her story and spread awareness



When Betsy Sandstrom became too ill to volunteer on behalf of loggerhead sea turtles, she placed temporary tattoos on her head to help raise awareness about the threatened animals



Conservancy of Southwest Florida president and CEO Rob Moher presenting Betsy Sandstrom with a plaque in 2014 at the loggerhead naming ceremony

about the loggerhead species," said Rob Moher, president and CEO of the Conservancy of Southwest Florida. "While sad to see her leave us, we are ecstatic to release her into the wild where she will continue to flourish. It has been a joy to watch Betsy progress over the past two years, and we look forward to welcoming a new baby loggerhead to our facilities.

Loggerheads have a very low survival rate in the wild. Only one in 1,000 sea turtles survives to adulthood. True to its mission of protecting Southwest Florida's water, land and wildlife, the Conservancy began the Florida Sea Turtle Monitoring and Protection Program in 1982 on Keewaydin Island. Now, in its 34th year, the program has saved more than 265,000 loggerheads.

For more information, visit www. conservancy.org/our-work/science/ wildlife/loggerheads.☆



The Conservancy of Southwest Florida released Betsy near the Ten Thousand Islands on March 29



Conservancy of Southwest Florida Aquarist Katie Ferron releasing Betsy, the loggerhead sea turtle, near the Ten Thousand Islands



Betsy, the loggerhead sea turtle, during her



# Red Sox Events Raise Over \$1 Million For Golisano Children's Hospital



From left: Wally the mascot; Jay Fandel, Boston Red Sox; Skip Leonard, Lee Memorial Health System Foundation; John Farrell, manager, Red Sox; Katy Martinez, Lee Memorial Health System Foundation; Kristy Gudobba, event chair, The Forest Country Club; Derek DeArmond, event committee; Most Valuable Patient Tyler Reid; Scott Bertrand, The Forest; Kyle Boudrot, grandson of Shelley and Jack Blais; Most Valuable Patient Monique Reid; Brett Bodine, Red Sox; and major sponsors Shelley and Jack Blais

ne 2016 Boston Red Sox Children's Hospital Celebrity Classic Series raised \$1,000,309 for Golisano Children's Hospital of Southwest Florida's Gift of a Lifetime capital campaign. The total includes matching support provided by longtime Children's Hospital friends Jack and Shelley Blais.

The Boston Red Sox again "stepped up to the plate" in a big way to help young patients from across the area by providing unprecedented access to Red Sox players, management, facilities

and other support services. Scores of players took part in the golf tournament and related activities, helping to raise vital dollars for the children's hospital. This marked the event's 23rd year.

This year's series included the Boston Tee Party cocktail reception and celebrity golf tournament featuring major Red Sox stars – both held at The Forest Country Club in south Fort Myers in late February – and the annual Diamond Dinner held on the field at JetBlue Park in mid-March.

Hundreds of die-hard fans and local

residents banded together with the Red Sox to help local children.

Once again the Boston Red Sox and our matching sponsors, Jack and Shelley Blais, provided outstanding leadership for this lifesaving event, said Skip Leonard, chief foundation officer, Lee Memorial Health System Foundation. "Hundreds of golfers, sponsors, Red Sox fans and children's hospital friends all pitched in to help our young patients. This generous support will be a huge help as construction on the new Golisano



Children's Hospital continues."

Scheduled for completion in early 2017, the new hospital building will include 128 beds for the care of local children along with the latest medical equipment and a specially trained team of medical care providers.

To get involved with the 2017 Boston Red Sox Children's Hospital Celebrity Classic Event Series, contact Katy Martinez at 343-6076 or BostonGolf@LeeMemorial.org.☆

**Book Review** 

# I Found My Niche



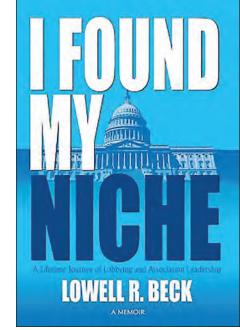
by Di Saggau

owell R. Beck, parttime Sanibel resident, has written a memoir titled IFound My Niche: A Lifetime Journey of Lobbying and Association Leadership. Beck was a lobbyist and associa-

tion leader from the 1960s into the '90s. He was directly involved in many of the major political issues during these tumultuous times. This was a period when the United States was seriously challenged internationally and domestically.

A new young American president brought encouragement and hope, and immediately was faced with the possibility of nuclear war and urban riots and unrest over civil rights. War was escalating in Indochina. The president was assassinated. A president committed illegal acts that led to his resignation. Inflation was raging. A commercial insurance liability crisis hit many of the nation's doctors, schools, day-care centers, municipalities and others who couldn't obtain insurance to conduct their activities. The country was hit with devastating natural disasters.

In his book, I Found My Niche, Beck writes about his role as a lobbyist and association executive during this period. He points out that lobbying, regardless of some publicized bad actors, is a respectable and even necessary part of government. He describes his work on numerous issues, including the adoption of the Twenty-Fifth and Twenty-Sixth Amendments to the Constitution and



securing the mandating of vehicle airbags.

Former U.S. Senator Birch Bayh says of the book, "If you ever have participated in getting legislation passed, you will enjoy this book. If you have managed a professional or trade association, or have wondered what these organizations do, you will enjoy it. Are you a student interested in lobbying or wanting to work for an association? If so, you will gain from reading it. And, what if you're a regular citizen? Yes, you too will find it informa-

As deputy executive director of the American Bar Association, founding executive director of Common Cause, and president of the National Association of Independent Insurers (the nation's largest full service property casualty insurers trade association), Beck describes how professional and trade associations

function. Managing associations is very different from managing profit-making

An important lesson in this book, particularly for younger people, is how fortunate you are to "find your niche" in life. And, that niche might not be readily apparent for a while. Beck found his, but hadn't planned on it, even while in law school. Urged by his family, I Found My Niche, is a memoir of how fulfilling it can be to find the right life's work. The book is available at local book stores and also online.☆



Calendar Girls channeling Cher, with guide dogs for Paws for Patriots on show

# Calendar Girls Channel Cher

he Calendar Girls channeled the iconic Cher on Saturday, March 26 at Fleamasters flea market in Fort Myers.

The Calendar Girls are available to perform for events. They raise funds for Paws for Patriots to provide guide dogs for the blind.

For more information www.calendargirlsflorida.com.

# Twins' Top Three Draft Picks Start Season Here With Fort Myers Miracle

by Ed Frank

he Minnesota Twins' top three draft selections for the last three years – right-hander Kohl Stewart in 2013, shortstop Nick Gordon in 2014, and left-hander Tyler Jay in 2015 – will all be members of the 2016 Fort Myers Miracle baseball team that begins the new season tonight, Thursday.

It's doubtful that a Miracle team in its 25-year history here has ever had been stacked with this type of top talent at one time, lending credence to the cliché that if you watch minor league baseball, you will be watching the major leaguers of tomorrow.

The high Class A Miracle begins the new season at 7:05 p.m. tonight and tomorrow night at Hammond Stadium against the Bradenton Marauders. The Friday night game will be followed by a big fireworks show. Free tickets are available at all Wendy's and Metro PCS locations.

Jay, out of the University of Illinois, was the 6th player selected in the 2015 major league draft after being named the Big Ten Pitcher of the Year. Baseball America rated Jay as the closest to the major leagues of any player drafted last

After signing with the Twins, he appeared in 19 games for the Miracle last year almost exclusively in one-inning stints while compiling a 3.93 ERA.

Gordon, the fifth player drafted in 2014, is the son of former major league pitcher Flash Gordon and the brother of the Florida Marlins All-Star Dee Gordon. Nick played the entire 2015 season for Low A Cedar Rapids where he hit .277 in 120 games with 25 stolen bases and 58 RBIs.

Stewart, the fourth player picked in the 2013 draft, is returning to the Miracle this season where he compiled a 7-8 record with a 3.20 ERA in 2015. His 129 innings pitched were the most of any Miracle hurler last season.

Other familiar names that will start the season with the Miracle are catcher-first baseman Alex Swim, a .311 hitter with last season's Miracle, and second-baseman Ryan Walker, who recorded a .269 average in 83 games last season.

Swim, named to the 2015 Florida State League All-Star team, was a non-roster invitee to the Twins this past spring training.

Brad Steil, the Twins director of minor league operations, named three other exciting prospects who will be on the Miracle roster. They are:

Left-handers Stephen Gonsalves and Randy Rosario, and center fielder Tanner English. Gonsalves was a combined 13-3 last year with Cedar Rapids and Fort Myers. Rosario is moving up from Cedar Rapids and English also has been promoted from Cedar Rapids.

Jeff Smith of Naples is returning as Miracle manager for the second consecutive year. He also guided the Miracle in 2008-09. His 2015 squad finished with a 76-63 record, the best overall in the Florida State League South Division.

The Miracle drew a record attendance in 2015 of 133,817 in 66 home games, topping the previous record of 124,749. The season opener last year drew 9,207 fans, a single-game record.



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Following this week's season openers, the Miracle return to Hammond Stadium Monday for a four-game series with Brevard County. All four games begin at 7:05

The Twins' minor league system is rated the fifth best among the 30 major league teams. This high rating is evidenced by the 2015 season records of their four minor league teams:

Triple A Rochester – 77-67; second in their division.

Double A Chattanooga – 76-61; Southern League Champions. High A Fort Myers – 76-63; best record in the division

Low A Cedar Rapids – 77-63; reached Midwest League Championship Series, 

### **SPORTS QUIZ**

- 1. Who was the last pitcher to start a season 8-0 for the Seattle
- 2. In 2015, pitcher Jorge De La Rosa became the Colorado Rockies' career leader in strikeouts. Who had been No. 1?
- 3. Chicago's Matt Forte set an NFL record in 2014 for most receptions in a season by a running back (102). Who had held the mark?
- 4. Tom Gola is one of only two NCAA Division I male basketball players to hit the 2,000 mark in both points and rebounds. Who is the other person to do it?
- 5. When was the last time before the 2014-15 season that the Boston Bruins missed the NHL playoffs?
- 6. In 2016, Lindsey Vonn set the record for most career World Cup downhill skiing victories (37). Who had been tied with her?
- 7. Name the last Canadian to win the PGA's Canadian Open.

### **ANSWERS**

5. It was the 2006-07 season. 6. Annemarie Moser-Proell. 7. Pat Fletcher, in Larry Centers caught 101 passes in 1995. 4. George Washington's Joe Holup. I. Aaron Sele, in 2001. 2. Ubaldo Jimenez, with 773 strikeouts. 3. Arizona's





The first place winners, Fort Myers Freedivers, team members Justin Stiver, Steve Strickland, Ben Carlson and Richard Herrera

# Spearfishing Tournament Reels In More Than \$800 For FGCU Club

atanzas on the Bay on Fort Myers Beach recently hosted the FGCU Spearfishing Pelagic Rodeo to benefit Florida Gulf Coast University's spearfishing sports club. The freediving-only tournament featured raffles and prizes, which raised more than \$800 to benefit future FGCU spearfishing events and tournaments.

The tournament aimed to promote safe and responsible freediving, while offering local spearfishermen the opportunity to test their skills. Divers competed within the gulf waters stretching between Marco Island and Venice, and the tournament concluded with a weigh-in ceremony at Matanzas on the Bay.

The tournament offered 100 percent payout. Cash prizes were awarded to the biggest fish for each category as well as the top three overall teams. Overall winners included Fort Myers Freedivers in first place, Saltwater Syndicate in second place and Red Tide Spearfishing in third place.

Category winners included:

Amberjack, 104.85 pounds, team, Fort Myers Freedivers Africa Pompano, 9.4 pounds, team, Stella Barracuda, 31.85 pounds, team, Redtide Spearfishing Cobia, 48.30 pounds, team, Shootin Seamen/Neritic Snapper, 32.55 pounds, team, Fort Myers Freedivers Permit, 31.90 pounds, team, Stella\*



In second place, the Saltwater Syndicate/FGCU team included Cade Stokes, Matinicus Scenger, Christian Negron, Eric Wollmann and Wesley Skinner



The third place team, Red Tide Spearfishing, included Graham Jankura, G.R. Tarr, Sasha Bratic, Ryan Lacedonia and Nicole Burko



Matanzas on the Bay recently hosted the FGCU Spearfishing Pelagic Rodeo, a benefit for future FGCU spearfishing events and tournaments

# Rotary Club Pro-Am Tourney To Aid Students

The Rotary Club of Fort Myers—Sunrise Pro-Am Golf Classic, presented by Millennium Physician Group, will be held Friday, May 13 at The Forest Country Club in Fort Myers. Proceeds will benefit The Foundation for Lee County Public Schools, Inc.'s scholarship program.

The classic will be capped at 25 teams of four amateurs teeing off in a scramble format and one professional competing in a head-to-head format. Entry fees are \$600 for an amateur foursome and one pro, and it includes beverages, hors d'oeuvres and a boxed lunch. Pros will compete for a \$3,000 purse.

Deadline for registration is May 1. For information, contact Norman Lutz at 208-8091

Proceeds will fund scholarships for

low-income, at-risk students enrolled in the Foundation for Lee County Public Schools' Take Stock in Children program. Take Stock in Children is a statewide program that provides a unique opportunity for students to escape the cycle of poverty through education.\*

From page 1

### Senior Moment

"It's a pleasure to welcome back Harry's Senior Moment after their January performance drew such an amazing crowd," said Alliance executive director Lydia Black. "Their show is great for people of all ages who want to be entertained and learn more about the art of improv."

HSM is dedicated to inspiring people to live the best life they can – through laughter and improv – no matter what their circumstances or their age. January audience member Marsha Wagner said, "You're onto something here, the importance of play in

everyone's life... We all realized how life affirming laughter is when it is created by a group of friends who care deeply for each other... It becomes a special gift to all of us in the audience."

Harry Lichtcsien, the inspiration behind Harry's Senior Moment, is 82 years young, and has been living with colon cancer for some 10 years now. With the help of his best friend Bonnie Grossmann, Harry's Senior Moment was born. Grossmann encouraged him to take improv classes as an outlet for the stress of dealing with cancer and then worked with him to create HSM Improv Troupe.

"I felt I had a message for people like myself. Let's get out there and have fun by sharing the joy of improv with everyone we can."

People are very surprised that the troupe's members are much younger than Harry. "He's even become a pied piper, of sorts, and has a following of youngsters," noted Grossmann. "For this next show, we are even adding

a few young people to demonstrate that fun and laughter is truly a multigenerational benefit of the improv art form."

There is an ever-growing amount of research that supports involvement with the arts for young and old alike, but especially for maintaining vitality and a positive outlook as people age.

"We are very gratified with the response and encouragement we have received from the medical community who attended the January show," said Grossmann.

Tickets are \$10 and are available at www.artinlee.org/improv or by calling 939-2787.

To learn more about HSM performances visit www.seniorimprov. com, email harrysmoment@gmail.com or call 481-7158.

The Alliance for the Arts is located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.❖

# Owen Elected 2016 Chair Of Community Foundations

arah Owen, president and CEO of the Southwest Florida Community Foundation, has been elected chair of the Community Foundations of Florida (CFF) for 2016.

A member group of Florida Philanthropic Network, a statewide association of grantmakers, CFF represents 29 community foundations working together to promote philanthropy in our neighborhoods and throughout Florida. These foundations hold more than \$1.84 billion in charitable assets and give \$161 million each year to support the vital work of nonprofits in our communities.

Each Florida community foundation is a nonprofit, tax-exempt charitable organization created by and for the people of a particular area. Community foundations help donors make a positive impact on their community, now and

"With Community Foundations of Florida, we have an incredible opportunity

to both impact our own communities and work collectively to promote philanthropy statewide," said Owen. "Community foundations have the unique ability to bring government, business, economic development and the nonprofit sector around the table to address challenges and opportunities in our neighborhoods as well as provide customized philanthropic funds that connect donors to the issues that are important to them. Together, we are dedicated to making Florida a great place to work, play, live and learn, and I am excited about the upcoming year with CFF.

Owen took the helm of the Southwest Florida Community Foundation in October 2011 and has since grown the assets of the organization by more than \$30 million. Her journey into the nonprofit sector followed a career in investor relations, public relations and corporate communications. She worked for publicly traded companies on the New York Stock Exchange as well as private companies throughout the Southwestern United States. Her corporate experience was in the automotive and engineering industries, and she was sought out by innovators and entrepreneurs developing emerging technologies to create strategic communication plans.

In concert with a visionary board of trustees, Owen is guiding the foundation in reimagining its role in the region. Under her leadership, the foundation has become laser-focused on regional issues affecting the quality of life in Southwest Florida,



Sarah Owen

# Philanthropic Planning Lecture

he Partnership for Philanthropic Planning of Lee County will present a lecture, entitled Business Exit Strategies That Include Philanthropy, at their Thursday, April 28 meeting. Guy E. Whitesman, board certified tax attorney and chair of Henderson Franklin's Mergers & Acquisitions, Business Organizations & Planning, Tax and Intellectual Property practice areas, will be the guest speaker. The event is sponsored by Planned Parenthood.

Using proceeds from the sale of a business for charitable giving purposes has long been a popular option as part of larger wealth and legacy planning goals. But an improving economy and tax planning opportunities may provide even stronger incentives for some owners to build charitable giving into the sale of their business. Whitesman will discuss the options available for owners and what professional advisors and non-profits need to know to ensure a successful

The meeting will be held at Blue Coyote Business & Social Club, located at 9854 Caloosa Yacht and Racquet



**Guy Whitesman** 

Club Drive in Fort Myers, from 11:30 a.m. until 1 p.m. Networking begins at 11:30 a.m., with the lunch and program to follow at noon. The event is free to members. The cost for non-members is \$30 and includes lunch. The reservation deadline is Monday, April 25. To RSVP, visit www.ppplee.org.\*

gathered hundreds of community leaders and stakeholders around these issues, and has grown the foundation's assets to become one of the largest funding organizations in the region. Notably, her work attracted national foundations, such as Lumina Foundation, to the region to provide funding and resources to the FutureMakers

For more information about the Southwest Florida Community Foundation, call 274-5900 or visit www.floridacommunity.com.☆

# Maggiano Elected To Board

he law firm of Henderson, Franklin, Starnes & Holt, P.A., announced that attorney Molly Maggiano was elected to the Sidney & Berne Davis Art Center's board of directors.

Maggiano previously served as in-house counsel to a national homebuilder, and also worked with a management and financial consulting firm providing services to the real estate industry. She is a member of the Real Property Probate & Trust and the City, County and Local Government sections of the Florida Bar. She is also a member of the Center for the Arts of Bonita

For more information on Maggiano or Henderson Franklin, visit www.henlaw.



Molly Maggiano



### **NIGHT for LIFE IX**

**DINNER SHOW** PRESENTED BY

ORGAN TRANSPLANT RECIPIENTS OF SOUTHWEST FLORIDA, INC.

BENEFITTING THE FLETCHER FUND AND RAISING AWARENESS REGARDING ORGAN DONATION

> **FEATURING THE DEL PRADOS &** A PERFORMANCE BY BROADWAY PALM THEATRE'S CAST OF FUNNY GIRL

> > **BUFFET DINNER SILENT & CHINESE AUCTIONS** 50/50 RAFFLES

MONDAY, APRIL 11, 2016 5:00 - 9:00PM **BROADWAY PALM DINNER THEATRE, FORT MYERS** 

> TICKETS: \$35 & \$50 (VIP SEATING) DOORS OPEN 5:00pm + Buffet begins 5:30pm FOR TICKETS CALL: DAVID WEINSTEIN (239) 560-3401

For additional information, call (239) 247-3073, go to our website at www.organsupport.org or email us at otrofswfl@gmail.com or visit us on Facebook page at https://www.facebook.com/events/1094397337245279/ 501C(3) NON-PROFIT CORPORATION

A great night for an important cause



Angela Melvin

# Valerie's House Names Officers And Directors

Valerie's House for Grieving Families, a not-for-profit organization devoted to helping children and families work through grief following the death of a loved one announces its inaugural corporate officers and board of directors.

Co-founders Angela Melvin and Caryn Smith were named president and vice president, respectively. Melvin is the executive director of Uncommon Friends Foundation and Smith is an entrepreneur with Rodan + Fields.



Caryn Smith

Other officers are secretary Kristalyn Loson, Esq., Fort Myers Assistant City Attorney, and treasurer Mary Silverstein, senior partner, RMG, LLC.

Members of the board of directors include Stephen Bienko, CEO, College Hunks Moving; Donna J. Caruso, CLU, financial advisor, New York Life; Barbara Fernandez, executive director of human resources, LeeSar, Inc.; Joy Gugliuzza, Realtor, Royal Shell Real Estate; Kellie Nolan, managing partner, Be Brilliant! Marketing; Scott Sherman, engineering executive, Arthrex Inc.; Melodie Turish, managing director of philanthropy, Southwest Florida Goodwill Foundation; and Michelle Whitlock, CEO of Siesta Pebble, Inc.

For more information or to register

for programs, submit a contact form at www.valerieshouseswfl.org/contact-us, call 478-6734 or email angela@valerieshouseswfl.org.

# Celebrate Safe Kids Day April 9

Join Golisano Children's Hospital of Southwest Florida in celebrating Safe Kids Day at Gulf Coast Town Center on Saturday, April 9 from 11 a.m. to 2 p.m. This free family event includes games, prizes, displays, giveaways and lots of fun all to promote awareness about preventable injuries.

As the leading agency for Southwest Florida's Safe Kids, Golisano Children's Hospital of Southwest Florida will provide car seat checks as well as educational materials to engage families in taking action to protect children. In Southwest Florida, 98 percent of car seats checked by certified installers from 2008 to 2009 were set up improperly. These local numbers are higher than the national average even though the parents were doing what they thought was right.

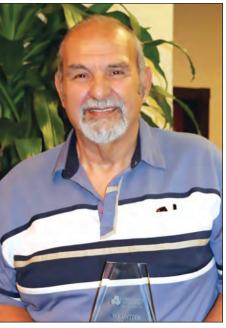
"No one likes to see a child suffer, but tragedy also lies in the fact that most injuries are preventable," said Sally Kreuscher, Child Advocacy Program Coordinator for Golisano Children's Hospital of Southwest Florida and Safe Kids Southwest Florida Coordinator.

Education is key. You may be doing all you know to protect your children, but what about the things you don't know? As parents, we do all that we can to keep our little ones safe, yet accidents happen. Each year, more than

12,000 kids (age 19 and under) die and more than 9.2 million are treated in emergency departments for injuries.

For more information about Golisano Children's Hospital of Southwest Florida, visit www.leememorial.org.

# Community Cooperative Honors Heroes



Bill Saura, 2016 Volunteer of the Year

ommunity Cooperative honored hundreds of its everyday hero volunteers at the Soup'er Volunteer Appreciation Reception, held on March 23 at The Crowne Plaza Fort Myers at the Bell Tower Shops. In addition to its fun superhero theme, which included a photo booth for guests to enjoy, five awards were distributed.

"We are lucky enough to have some of the most dedicated volunteers here at Community Cooperative," said Tracey Galloway, CEO of Community Cooperative. "They contribute countless hours of their time without ever asking for anything in return. That's a real life superhero."

Awards recognized at the event were:

Rising Star — Joy Hansen

Group Volunteers of the Year – First Presbyterian Church

Volunteer of the Year – Bill Saura Meals on Wheels Driver of the Year Cliff Crawford

Volunteer Spirit Award – Mickie Callahan

A proud United Way partner, Community Cooperative serves Fort Myers and the greater Lee County area, including Bonita Springs, Cape Coral, Lehigh Acres and Fort Myers Beach. Community Cooperative works in close partnership with The Harry Chapin Food Bank and The School District of Lee County as well as collaborating with fellow community groups, churches and businesses.

For more information, call 332-7687, or visit www.CommunityCooperative.

### Financial Focus

# Give Your Investment Portfolio A 'Spring Cleaning'



by Jennifer Basey

ow that spring has officially sprung, you might look around your home and decide it's time for some sprucing up. But you don't have to confine your efforts to your house and

yard – you can also engage in a little "spring cleaning" in your investment portfolio.

Here are a few suggestions for doing iust that:

• "Dust off" your investment strategy.

Dusting is a big part of spring cleaning.

Light fixtures, shelves, windowsills – they
can all acquire layers of dust and grime
that need to be whisked away. And if
you've left your investment strategy unexamined for a long period, it too may need
to be "dusted off" and re-evaluated. Over
time, your financial goals, family situa-

tion and even risk tolerance can change, so it's a good idea to review your overall strategy to make sure it's still appropriate for your needs.

• Get rid of "clutter." Once you start tidying up your house, you might be surprised at all the "duplicates" you find - a broom in a bedroom, another broom in the laundry room, a third in the garage, and so on. Just as you probably don't need multiple brooms, so you may find that you have many versions of the same type of investment in your portfolio. If you own too many of the same investment, and a market downturn affects that particular asset, your portfolio could take a big hit. You may be better off by selling some of the too-similar investments and using the proceeds to diversify your holdings. (However, while diversification can reduce the impact of volatility on your portfolio, it can't guarantee profits or protect against loss.)

• Remove "stains" on your portfolio. As you clean your carpets and furniture, you might notice some stains that should be removed. And when you look through your portfolio, you might find some "stains" in the form of chronically underperforming investments. Instead of holding on to these vehicles with the hope that they will eventually turn around, you might consider selling them and using the proceeds to purchase new investments, which can help fill any gaps you may have in your holdings.

• Consolidate your accounts. Have you ever discovered a stapler in one drawer, a roll of tape in the linen closet and a bunch of marking pens on your desk? All these items may be useful, but for the sake of efficiency (and to cut down on frustrating searches), you might want to consolidate them in one place. And you could do something similar with your investments. Specifically, if you have some stocks here, a couple of certificates of deposits there, and some IRAs at still another place, you might consider consolidating them with one financial services provider. With all your investments in one place, you could possibly reduce the fees and paperwork associated with maintaining your accounts. And when you eventually start taking withdrawals from your IRA and 401(k), you may find it easier to calculate these required distributions if they're coming from just one place. But just as importantly, when you consolidate your investments with one provider, you may find it easier to follow a single, unified investment strategy.

So, there you have them – some spring-cleaning ideas to help you update and energize your investment portfolio. And you won't even need a dustpan.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.☆

# Imagine Gala Raises Over \$70,000



Imagine Gala Top Chef winners Fabrice Deletrain, left, and Benjamin Voisin, right, with their teammate Yadira Guadarrama, auctioneer Ted Fitzgeorge, MasterChef Finalist Derrick Peltz and emcee ABC 7 Anchor Krista Fogelsong

he 11th annual Imagine Gala on Saturday, March 12 raised more than \$70,000 to support the Imaginarium Science Center and Southwest Florida Museum of History.

Nearly 200 people witnessed the friendly competition and sampled food from four of Southwest Florida's finest chefs, who sliced and diced their way through the Celebrity Cook-Off competition. Chefs Fabrice Deletrain and Benjamin Voisin of Fathoms Restaurant & Bar, Chef James Fraser of FGCU's Hospitality and Resort Management Program and Chef David Rashty of Jack's Farm to Fork at the Pink Shell all presented works of culinary art to be judged. Among the 12 judges were TV star and MasterChef Finalist Derrick Peltz. Taking home the Imagine Gala Top Chef apron this year were Chefs Deletrain and Voisin of Fathoms.

Chef Fraser captured Best Appetizer for his smoked sous vide breast of chicken. He also took home the coveted bronze chef trophy.

Educator and performer Glen Beitman brought his locally famous Wild Wizard science show, adapted for a mature audience, to the gala stage for a show that involved science and gala guests.

Auction item bids included chefs' table dinners, a week's vacation in the mountains of North Carolina, a full-service landscape design and installation package, a three-day stay at the Pink Shell, clothes from Chico's and a vacation on Captiva Island.

All money raised at the event benefitted The Imaginarium Group and SWFL Museum of History Foundation, which continues to bring new exhibits and educational opportunities to the community.

Jonathan Romine, president of the Imaginarium Group's Board of Directors, said, "We sincerely appreciate the outpouring of support we received from the



Best Appetizer winner Chef James Fraser, Ted Fitzgeorge, MasterChef Finalist Derrick Peltz, Krista Fogelsong



Roger and Stacy Mercado with Kevin Anderson



Tracie Bagans, Kathryn Kelly, Josh and Lori



Caitlin and Jan-Erik Hustrulid and Karen and David Miller

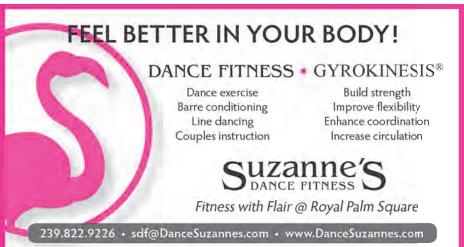
community for the Imaginarium and Museum of History. We'd like to give special thanks to our title sponsor, Lipman Produce, for the support they continue to give to this event. The Imaginarium and Museum of History are both great assets for Southwest Florida and the continuous support we receive from the community allows us to bring great exhibits and programs to its residents."

# LCEC Provides 'Ding' Darling Society, Shell Museum With Funding Awards

ast week, LCEC announced that it will provide the "Ding" Darling Wildlife Society with a \$4,000 environmental funding award to support six weeks of special programming to accompany a one-time traveling exhibit from the Smithsonian Institute's Museum. LCEC also announced that it will provide the Bailey-Matthews National Shell Museum with \$1,100 environmental funding award to support a year-long scientific exhibit centered around the topic of Mollusks In

To apply for this award, organizations can email pr@lcec.net to receive an application. The deadline for award applications is September 1, 2016. Interested organizations must meet certain criteria to be considered for the award including being located within LCEC service territory, funding utilized for projects/programs related to the environment and the utility industry, and having a demonstrated need for funds. This funding award is just one of the many ways that LCEC positively impacts and supports wildlife and the environment.





deaRPharmacist

# Neti Pots And Other Nasal Unstuffers



by Suzy Cohen, RPh

Pharmacist: As spring rolls around, allergies and hay fever cause problems, and so do lingering strains of colds and flu. Maybe you are one of the 40 million people in North America who

are experiencing uncomfortable symptoms from chronic sinusitis? It translates to a lot of Kleenex, Flonase and Sudafed!

Are you experiencing some of these issues: Sinus pressure, headaches, cheek pain, eyeball pain, or pressure behind the eyes, puffy eyes, nasal dryness or a stuffed up nose? Do you have moving headaches or shocks in your scalp, dental pain or a foul odor that no one else can

Today I'm reviewing some popular devices that help with chronic sinusitis:

Neti Pots – There are plastic and porcelain ones, I suggest the porcelain kind. Neti pots and other "nose" devices discussed are better than oral deconges-

tants like pseudoephedrine because they don't raise your blood pressure or cause spaciness or insomnia.

But they work superficially, addressing nasal and maxillary sinus problems (around your cheekbones), not those of the ethmoid (near the bridge of your nose) or sphenoid sinuses (behind your eyes). Luckily, those conditions are rare, and you'll need a CT scan of your sinuses to uncover ethmoid or sphenoid sinus problems.

Pro - It's affordable and readily accessible at health food stores and pharmacies. No set up is required, other than having warm distilled water and special

Con – You have to tilt your head in an awkward position and this is problematic if you have neck or back pain. You need to buy distilled water. Please don't skimp and use tap water because your sinuses are not equipped to defend against pathogens very well. For example, people have died from a brain-eating amoeba found in tap water so use distilled.

### Neilmed Rinse

Pro – It flushes you out really well, and is more efficient than a neti pot. Many people claim it helped them after years of congestion. It comes with individual packets of salt with baking soda, which is instantly alkalinizing. You control the pressure or "flush" by squeezing the bottle yourself.

Con – You may get a sinus headache afterwards and some people say it causes a sensation similar to the feeling you get when you jump into a pool and water gets up your nose, but this goes away. It's made of a flimsy plastic container.

Navage Nasal Irrigation - Getting used to this device takes a try or two. It has a "pulling" effect rather than a pushing effect like other devices. It sends water up one nostril and literally suctions it out the other.

Once you get used to the sensation, you can reap the benefits.

Pros - It doesn't require awkward head positions. Some reviews from peo-

ple online say it changed their life, and helped get them wean off years of nasal sprays and/or steroids.

Cons - You have to buy their proprietary brand of salt pods and the sensation of suction can feel bizarre. You also can't control or adjust the flow.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.\\\\$

# Senior Companion Program

nior Companion Program, where volunteers provide companionship and friendship to frail elderly individuals who are homebound and generally living alone, is looking for seniors in Lee, Sarasota, Charlotte, Collier and Hendry counties.

Seniors will receive: Tax-free stipend of \$2.65 per hour; Mileage reimbursement of 40 center per mile; Paid holiday, vacation and sick leave.

Other benefits include: Achieving a sense of personal satisfaction;

Helping other and giving back to the community; Learning new skills and discovering new interests; Developing a deeper understanding of people; Keeping busy and making new friends; Having excess liability insurance coverage while on duty; Create more fun in your life; Improve your health; Recognition.

To become a Senior companion, volunteers (age 55 and older) should be able to volunteer at least 15 hours per week and meet financial eligibility requirements.

For more information, call the Dr. Piper Center for Social Services, Inc., located at 2607 Dr. Ella Piper Way in Fort Myers, at 332-5346.

# Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

Thirty years ago our second son was born and he was severely handicapped. We gave him the best of care, but his care and responsibility destroyed our financial security, our marriage and our normal son suffered because he did not get the time and attention needed for his care. Our handicapped child died at 23 years of age.

Our oldest son is married and they told me his wife is six weeks pregnant. On a recent visit I told her I had read a medical article that said some doctors are telling their pregnant patients not to go

into saunas or hot tubs in the early stages of pregnancy because the high heat may cause problems for the developing child.

My daughter-in-law listened and two hours later I saw her go into their very hot, hot tub and stay for 40 minutes. The following day she did the same.

I made no comment and left after my two-day visit. I could hardly leave soon enough. Why do you think she would act this way in light of our family's history with a handicapped child?

Margaret

### Dear Margaret,

I am sorry, and I am sure your daughter-in-law's actions felt like a slap in the face and disrespectful to your family history. Unfortunately I have found, no matter your experience, it is very difficult to be a prophet in your own land. I can only imagine that this issue is of critical importance to you. Perhaps your son would be a more receptive audience.

Pryce

### Dear Margaret,

I cannot imagine why your daughterin-law would do anything that would endanger her developing baby.

Many people, young and old, will not take advice given by anyone. I once heard a heart surgeon complain that he tries so hard to help his patients and many will not take his advice to help themselves.

It must have been difficult for you not to say something in response to her actions, but she seems to be determined to decide for herself what she will do and what she will not do.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\\$

# Senior Safety Education

niors in the Fort Myers area are invited to participate in a series of senior safety education seminars held from April through September. During each event, the Lee County Sheriff's Office will address a different safety topic and provide tips on protecting yourself and your property.

Upcoming seminars include:

- April 12 at 10 a.m.: Identity Theft Deceased and Medical.
- April 26 at 10 a.m.: Sheriff's Office Dispatch - What happens when you call
- May 10 at 10 a.m.: Auto Theft & Burglary Prevention - Keeping your car
- May 24 at 1 p.m.: Sheriff's Office Marine Unit – Boat theft and water safety
  - June 14 at 10 a.m.: Personal Safety

- At home and away.
- July 12 at 10 a.m.: Frauds & Scams – Do you know the red flags?

• August 9 at 10 a.m.: Residential Security – Are you burglar-proof?

- August 30 at 1 p.m.: Responding To An Active Shooter – Do you know what
- September 13 at 10 a.m.: Sheriff's Office Traffic Unit – Safety on the road.
- September 27 at 1 p.m.: Social Security Benefits – Are your benefits safe from hackers?

Attendees will also learn more about the various Sheriff's Office units and how they protect and serve community members. Each presentation will be followed by a Q&A session. Light refreshments will be provided.

Seminars will take place at the UnitedHealthcare MedicareStore in the Daniels Crossing Shopping Center (by the UPS Store), located at 6900 Daniels Parkway, Unit 23-C. To RSVP, call 561-9142. There is no cost to attend. 🌣

### **PAWS Of Sanibel**

# Sonny And Cher

i, we're Sonny and Cher and we're just as much fun as our famous namesakes. We are still just kittens that love to play with our toys and especially the lazer pointer. Our foster parents seem to get a big laugh out of that. While we're named after a famous couple we're really brother and we would like to stay together. We are really good kids with no bad habits. We faithfully use our litter pan and our cardboard scratching board instead of the furniture.

Sonny, the grey and white, is friendly, affectionate and playful. Cher is more



Sonny and Cher

shy, but still friendly and playful.

If you would like more information on these two charmers, or would like to see them in person, call PAWS volunteer Louise at 304-707-1701\xi

### School Smart



by Shelley M. Greggs, NCSP

Shelley, My husband and I want to send our child to preschool soon. My husband wants a school that allows the kids to play but I think

an academic one that will prepare our son for Kindergarten and the academic pressures that now start so early. What information do you have on this?

Chandra J, Fort Myers

### Chandra,

No one would disagree that academic expectations for children are much higher today than just a short years ago. Just one example of this according to Daphna Bassok, an assistant professor of education and public policy at the University of Virginia, in 1998, 30% of teachers believed that children should learn to read while in kindergarten. In 2010, that figure was at 80%. Kids are expected to sit for longer and focus on more academic tasks, relegating play to a 20-minute recess in most schools today.

Kids face increasing pressures at school right now so it would make sense that we start teaching them as early as possible. Actually that is not the case. Kids need to play. Play is not trivial. "Play is brain-building for babies and young children. There is a sequence of how children develop, from the moral and emotional to the social and intellectual. Each phase requires building certain intellectual, emotional and physical muscles whether they want to do math, play on the swings or make a friend," says Dr. Ellen Littman, a clinical psychologist. And "there is a developmental sequence and you can't

violate it all that much," says Littman. If kids don't play "they are not developing the normal skills that come from interacting with play, including how to

manage their emotions," said Littman.

Dr. Peter Gray, a psychologist and professor at Boston College says that play provides children with unstructured time, with rules set by the kids and no adults acting as referee. It is how kids learn independence, problem solving, social cues, and confidence Gray hypothesizes that kids aren't learning critical life-coping skills because they never get to play anymore. "Children today are less free than they have ever been, he said and that lack of freedom has exacted a dramatic toll," he noted.

Dr. Gray has observed that parents are so quick to jump in to solve the playground dust ups, warn about all dangers real and imagined and they fail to let kids have any independence for fear they will be abducted or hit by a car. "Where do children learn to control their own lives? When adults aren't around to do it for you," he said. "If you don't have the opportunity to experience life on your own, to deal with the stressors of life, to learn in this context of play where you are free to fail, the world is a scary place," he added.

Once a child gets to elementary school, playtime is limited. Allow your child the opportunity to play now so he will develop the life long social skills that are equally as important as the academic ones.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.







**Brenda Hussey** 

# College Faculty, Staff Recognized For Excellence

wo Florida SouthWestern State College faculty and staff members have been named winners of the National Institute for Staff and Organizational Development (NISOD) Award. The two winners are Dr. Russell Swanson, philosophy professor, and Brenda Hussey, staff assistant, FSW Charlotte Campus.

The NISOD Excellence Awards were established in 1991 to provide NISODmember colleges with an opportunity to recognize individuals doing extraordinary work on their campuses. FSW faculty, students and staff nominate fellow professors and staff for this award based on teaching and learning practices that encourage student achievement.

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Ruth Wiltberger, certified patient business services representative, her husband Danny, and Neal Sword, system director of business operations, and his wife Nancy

# Hospital Service Awards

his year, as Lee Memorial Health System celebrates its 100th anniversary, Annie Kendrick, recently retired manager of dining services at Cape Coral Hospital, celebrates her first and only job in a 55-year career. Kendrick was one of 274 employees recognized for 20 years of employment or more.

Service award recipients were honored with dinner and a play at the Broadway Palm Dinner Theatre on March 19. Ruth Wiltberger has served 20 years and Neal Sword 40 years.



Annie Kendrick with Jim Nathan, president of Lee Memorial Health System



he School District of Lee County is hosting its 2016 Spring Teacher Recruitment Fair for future district employees on Thursday, April 28 from 5 to 7:30 p.m. at the Lee County Public Education Center, located at 2855 Colonial Boulevard in Fort Myers. Those interested in receiving an invitation to the fair can register on the School District of Lee County website at www.leeschools.net/ teacher-recruitment-fair to the Teacher Recruitment Fair for Future Employees vacancy, using Job ID 20160420. Registration must be completed by April 15. All eligible candidates will receive an email invitation to attend the event by April 19, and must RSVP by April

The School District of Lee County will host a separate event for current district employees on Thursday, April 21 from 5 to 7 p.m. Current district employees interested in applying for new teaching positions are asked to log on to their private PeopleSoft account on the School District of Lee County website and select the Teacher Recruitment Fair for Current Employees vacancy, using Job ID 20160419.

The district is currently hiring to fill a range of teaching positions, including elementary teachers for kindergarten through fifth grade, special education

teachers, science and mathematics teachers, and reading and language arts teachers. For current listings, visit the district's career page at www.leeschools. net/careers. Representatives from schools throughout Lee County will be in attendance to conduct interviews, and will be hiring for the 2016-17 school year. Potential educators are encouraged to arrange interviews in advance; a list of participating schools will be available on www.leeschools. net/teacher-recruitment-fair prior to the event. Candidates are asked to come prepared with a supply of resumes, copies of letters of reference, copies of teaching certificate or statement of eligibility, and a general idea of preferred schools.

Necessary qualifications include bachelor's degree or higher, valid Florida teacher certification covering appropriate area of responsibility, demonstrated proficiency in oral and written communication, demonstrated ability to work with diverse groups and experience with industry-standard computer applications. Alternatives to these qualifications are permitted as the Lee County School Board finds appropriate and acceptable.

For more information about the 2016 Spring Teacher Recruitment Fair for future District employees, call 337-8640, email careers@leeschools.net or visit www.leeschools.net/teacherrecruitment-fair.\*\*

# Night For Life For Transplant Recipients

n Monday, April 11 from 5 to 9 p.m., the 9th annual fundraiser, Night For Life, will be held at the Broadway Palm Dinner Theatre in Fort Myers. It is sponsored by the Organ Transplant Recipients of Southwest Florida, Inc. to benefit local organ transplant patients and those on the transplant waiting list.

Entertainment includes the Del Prados, back by popular demand with three new voices, and a performance by the Broadway Palm Dinner Theatre's cast of *Funny Girl*. Tickets are \$35 per person and include a buffet dinner, program, entertainment andr silent and Chinese auctions. Doors open at 5 p.m. Auctions run from 5:30 to 8 p.m. and the dinner buffet from 5:30 to 7 p.m. The program includes recognition of transplant recipients, donors and

Among the auction items are a Marco Island sunset cruise for two, a tour of the San Carlos Island Shrimp Fleet docks (which includes two Wild Pink Shrimp dinners and a panoramic view of Matanzas Pass), A Night at the Casino with hotel room and dinner for two, and a three-day stay at a Captiva Island gulf front resort. Bid on gift certificates from restaurants in Fort

Myers, Sanibel Island, Cape Coral, Fort Myers Beach and San Carlos Island. For family entertainment, there are tickets to Busch Gardens, Walt Disney World, the Naples Zoo and family memberships to local museums. Bid on jewelry and gift baskets, art from local artists, signed books and more.

This event raises money for the Fletcher Trust Fund, which was established in 2004 to assist transplant recipients in Southwest Florida. An average of 22 people die each day in the U.S. due to a lack of available organs and tissue donors. For more information about registering to be an organ donor, visit www.donatelifeflorida. org/register or visit the booth at Night For Life.

Sponsors include Associates in Nephrology, Surgical Specialists, Dr. Malaki Retina Center, Kwik Copy Business Solutions, Cape Coral Irish American Club, LifeLink Foundation, Davita, Kidney Institute of Naples, The Cedar Chest Fine Jewelry, Greg Allman, *Island Sun* newspaper and Taylor Carpet One.

To purchase tickets, call David Weinstein at 560-3401. For additional information on the event, visit www. organsupport.org.

To learn more about the Organ Transplant Recipients of Southwest Florida, Inc., or its monthly meetings held on the first Thursday of the month, contact otrofswfl@gmail.com or visit www.organsupport.org.

# Administrative Professionals' Day

The Florida Institute of Government at Florida Gulf Coast University will present the 11th annual Administrative Professionals' Day Conference, designed for individuals looking for better ways to manage their careers and life on Monday, April 25 from 8 a.m. to 4 p.m. in Sugden Hall 114 on campus.

This year, award-winning speaker and violist Jarrod Haning will use music to help participants create meaning and fulfillment at work and in life.

"It's no surprise that music activates more of your brain than anything else," Haning said. "What is less known is that you can take advantage of those brain pathways to increase your influence and impact in the workplace. If you care about making a bigger difference, then I want to empower you to make it happen."

Musical Secrets topics include:

- Renewed clarity toward your greater purpose; ways to awaken a sense of purpose in others
  - Powerful phrases that get to yesTechniques to reduce resistance to
- change
   Tools to slay the email dragon of

"busyness"

Haning is the principal violist with

the South Carolina Philharmonic. Cost to attend the conference is \$129, which includes a continental breakfast and boxed lunch. Register online at registeriog.fgcu.edu or call 425-3273.

# Love Is FURever Dog Rescue Fundraiser April 24

Ino's Picasso in Fort Myers will host the Love Is FURever Dog Rescue fundraiser on Sunday, April 24 from 12:30 to 3 p.m., with proceeds benefiting this passionate and loving local rescue organization.

According to event organizers, this will be a Paint Your Pet Party, so email or bring a headshot of your "fur baby" so staff can create a sketch. Participants can enjoy complimentary wine, beer and snacks. A cash raffle and 50/50 drawing will be held, with a free raffle ticket given to anyone who brings either new or gently-used collars, leashes, dog toys and/or an unopened bag of grain-free dry dog food.

Love Is FURever Dog Rescue is a 501(c)3 Christian-based organization dedicated to rescuing abandoned and neglected dogs. They believe that all dogs and people matter to God. Their mission is to be the change these helpless dogs need, so they can live their lives to the fullest.

To donate to Love Is FURever Dog Rescue or for more information about the Vino's Picasso fundraiser, send an email to VickiLIFErescue@gmail.com or visit www.lifedogrescue.org.\*

# Catch Spring Fever At Lee Animal Services

pring fever is taking over at Lee County Domestic Animal Services. Now is a great time to cultivate a new relationship and adopt an adorable cat or fun-loving canine. Adopters can take advantage of reduced fees on specially marked pets throughout the month of April. Cats and kittens are also two-forone adoption fee.

The adoption fee for all pets includes spay/neuter surgery; age-appropriate vaccinations; flea treatment; de-worming; heartworm test for dogs six months or older; feline aids and leukemia test for cats; a Lee County license for pets three months or older; Behavior Help Line; Microchip Pet ID; and a 10-day health guarantee. The total adoption package is valued at more than \$500.

Pets available for adoption may be viewed online and adopters can submit an application online as well. The website updates hourly. Volunteers and staff will be available to help individuals and families select the pet that best suits their lifestyle.

The shelter is located at 5600

Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway. Adoption hours are from 10:30 a.m. to 3:30 p.m. Monday through Saturday.

# Food For Fines During National Library Week

ibrary patrons can donate food to pay fines for overdue materials at the Lee County Library System during National Library Week. From April 10 to 16, every unexpired, unopened, nonperishable food item donated to the libraries will reduce the fine by \$1. Visit any Lee County Library System location to participate.

"This is a rare opportunity for patrons to help people in need and pay down fines," said Sheldon Kaye, Lee County Library System Director. "The donated food will be given to the Community Cooperative for distribution."

The library system will accept one canned or dry food item for every \$1, or portion of \$1, owed on fines up to \$10 per person. The offer is good for overdue fines only. Canned goods cannot be credited toward lost book charges. No change will be give for food donations in excess of fines owed, although excess donations are welcome. For a list of locations and hours, visit www.leegov.com/library/about/branches.\*

# ID YOU KN

- 1. MOVIES: Who starred in the martial-arts movie "Enter the Dragon"?
- 2. MEASUREMENTS: What unit of measurement contains 4,840 square yards?
- 3. HISTORY: In which war did the military offensive "Operation Desert Storm" take place?
- U.S. PRESIDENTS: Who was the last president to visit Cuba before 2016?
- 5. GENERAL KNOWLEDGE: What process involves heating an ore to extract a metal?
- FOOD & DRINK: What is the top-selling spice in the world?
- 7. INVENTIONS: In what year was the first commercial television sold?
- 8. SCIENCE: What does the pH scale measure?
- GEOGRAPHY: In what country is the Basque language spoken?
- 10. ENTERTAINERS: Which entertainer's biography was titled "Neither Shaken nor Stirred"?

### **ANSWERS**

8. Acidity or alkalinity 9. Spain 10. Actor Scan Connery, who played James Bond 1. Bruce Lee 2. An acre 3. Gulf War 4. Calvin Coolidge in 1928 5. Smelting 6. Pepper 7. 1928

- 1. Who was the last pitcher to start a season 8-0 for the Seattle Mariners?
- 2. In 2015, pitcher Jorge De La Rosa became the Colorado Rockies' career leader in strikeouts. Who had been No. 1?
- 3. Chicago's Matt Forte set an NFL record in 2014 for most receptions in a season by a running back (102). Who had held the mark?
- 4. Tom Gola is one of only two NCAA Division I male basketball players to hit the 2,000 mark in both points and rebounds. Who is the other person to do it?
- When was the last time before the 2014-15 season that the Boston Bruins missed the NHL playoffs?
- 6. In 2016, Lindsey Vonn set the record for most career World Cup downhill skiing victories (37). Who had been tied with her?
- 7. Name the last Canadian to win the PGA's Canadian Open.

### **ANSWERS**

Moser-Proell. 7. Pat Fletcher, in 1954.

**PUZZLE ANSWERS** 

101 passes in 1995. 4. George Washington's Joe Holup. 5. It was the 2006-07 season. 6. Annemarie 1. Aaron Sele, in 2001. 2. Ubaldo Jimenez, with 773 strikeouts. 3. Arizona's Larry Centers caught

# My Stars ★★★

### FOR WEEK OF APRIL 11, 2016

ARIES (March 21 to April 19) It isn't always easy for the rambunctious Aries to give a second thought to their often spurof-the-moment choices. But aspects favor rechecking a decision before declaring it final.

TAURUS (April 20 to May 20) Information emerges for the business-driven Bovine who feels ready to restart a stalled project. Be prepared to make adjustments as needed at any time during the process.

**GEMINI** (May 21 to June 20) Part of you wants to complete plans for an upcoming event, while your other self wants to see how things develop first. Compromise by moving ahead with your plans while being open to change.

CANCER (June 21 to July 22) An unexpected change in a relationship could open up a problem or could lead to a much-needed and too-long-delayed reassessment of a number of matters. The choice is yours to make.

**LEO** (July 23 to August 22) Time for the Lion to total the plusses and minuses resulting from recent personal and/or professional decisions. See what worked, what didn't and why, and base your next big move on the results

VIRGO (August 23 to September 22) The clever Virgo can make persuasion work by presenting a case built on hard facts. Sentiment might touch the heart, but it's good, solid information that invariably wins the day

LIBRA (September 23 to October 22) You usually can win over the most stubborn skeptics on your own. But this time you can benefit from supporters who have been there, done that and are willing to speak up on your

SCORPIO (October 23 to November 21) You win admiration for your determination to do the right thing. Don't be distracted from that course, despite the offer of tempting alternatives that might suddenly turn up.

**SAGITTARIUS** (November 22 to December 21) While you still need to maintain control of a dominant situation, a new development emerges, making the task easier and the outcome potentially more rewarding.

**CAPRICORN** (December 22 to January 19) New factors might have a positive effect on a still-pending matter, but only if the information proves to be credible. Trusted colleagues might be able to offer needed

advice.

AQUARIUS (January 20 to February 18) The week favors moderation, especially if a health problem is involved. Resist the impulse to do more than might be good for you at this time. You can catch up later.

PISCES (February 19 to March 20) You could feel more than a mite upset by someone or some people who might be creating problems for you. Find out why they won't change their ways. Their reasons might sur-

**BORN THIS WEEK:** You know how to inspire others to do their best by setting a persuasive example of your own.

### THIS WEEK IN HISTORY

- On April 13, 1742, Handel's "Messiah," one of the world's most beloved musical works, premieres in Ireland. Although now associated with Christmas, "Messiah" made its world premiere during the Christian season of Lent.
- On April 12, 1861, Confederate Gen. P.G.T. Beauregard opens fire on Union-held Fort Sumter in South Carolina, launching more than 4,000 rounds. Two days later, President Abraham Lincoln issued a proclamation calling for 75,000 volunteer soldiers to quell the Southern "insurrection."
- On April 17, 1882, several copies of Sheriff Pat Garrett's wildly inauthentic, fictionalized biography, "An Authentic Life of Billy the Kid," arrive at the Library of Congress. The first full, realistic biography of William Bonney (the Kid's principle alias) was not published until 1989.
- On April 14, 1818, Noah Webster, a Yale-educated lawyer with an avid interest in language and education, publishes his American Dictionary of the English Language. The dictionary, which took him more than two decades to complete, introduced more than 10,000 "Americanisms."
- On April 15, 1912, the ocean liner Titanic sinks into the North Atlantic about 400 miles south of Newfoundland. It was later discovered that the liner Californian had been less than 20 miles away but had failed to hear the Titanic's distress signals because its radio operator was off duty.
- On April 16, 1947, a giant explosion occurs during the loading of ammonium nitrate fertilizer onto the freighter Grandcamp at a pier in Texas City, Texas. Nearly 600 people were killed and thousands injured when the ship was literally blown to bits. Its 3,000 pound anchor was found 2

miles away.

• On April 11, 1988, actress and singer Cher collects the Academy Award for Best Actress for her performance in "Moonstruck." Cherilyn Sarkasian first became famous as the taller, female half of the 1960s singing duo Sonny and Cher.

### STRANGE BUT TRUE

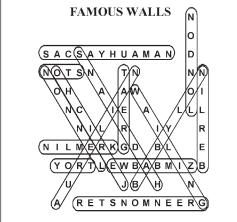
- It was 19th-century Russian playwright and short story writer Anton Chekhov who made the following sage observation: "Love, friendship, respect, do not unite people as much as a common hatred for something."
- If you suffer from galeophobia you're certainly not alone; Steven Spielberg's 1975 film "Jaws" may have popularized the fear of sharks, but it certainly didn't start it. Logically, though, swinophobia makes more sense -- pigs kill more people every year than sharks do.
- You might be surprised to learn that Harriet Tubman -- famous for her work as a conductor on the Underground Railroad -also served as a Union spy during the Civil War, providing key intelligence that aided in the capture of Jacksonville, Florida. She also was the first woman to lead an armed assault during the Civil War; the Combahee River Raid freed 750 South Carolina slaves. She even continued her humanitarian work after the war, opening the Harriet Tubman Home for the Aged and Indigent in Albany, New York.
- According to the nuns who worked with her, Mother Teresa's last words were, "Jesus, I love you. Jesus, I love you." According to her doctor, the last thing she said was actually, "I can't breathe."
- If you wanted to erect a building in Colonial times, you'd go to an undertaker; that's what building contractors were called back then.
- Ancient Romans recognized three distinct forms of kissing: The word "basium" denoted a kiss between acquaintances, "osculum" was used for a kiss between close friends, and "suavium" described a kiss between lovers.

### THOUGHT FOR THE DAY

"Catch-and-release -- that's like running down pedestrians in your car and then, when they get up and limp away, saying, 'Off you go! That's fine. I just wanted to see if I could hit you." -- Ellen DeGeneres

# A R A Y S S S T T R A S H T A L K E P O K E T O P A Y L E S C E A S K A N S A N D U M P T H E P U C K O S I N G P E R O N R E P L I C A A W A I T M M R I B U F T E R E N C D I T C H D I G G E R F T C I N C A A N O N E L L







### **Southern Fried Grouper**

2 large eggs ½ teaspoon salt ½ teaspoon cayenne pepper 1 cup all-purpose flour

Salt and pepper to taste

1 cup cornmeal

4 six-ounce grouper fillets ½ cup vegetable oil

for deep-frying

Beat eggs, salt and cayenne together in a shallow dish. Place flour mixture and cornmeal in separate shallow dishes. Dredge each fillet in flour mixture and dip in egg wash. Dredge again in cornmeal. In a deep fry pan, heat 1 inch of the oil to 375 degrees F on a deep-fat thermometer. Fry the fillets in batches for 2 to 4 minutes on each side, or until browned and fish flakes easily with a fork. Transfer fillets to paper towels to drain; serve immediately. Yields four servings.



Southern Fried Grouper

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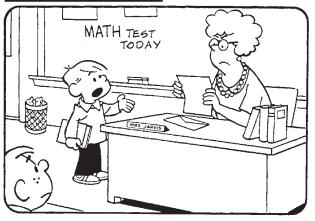


### FISHING CHARTER



### **HOCUS-FOCUS**

HENRY BOLTINOFF







Differences: 1. Wastebasket is missing. 2. Word is different. 3. Nameplate is missing. 4. Envelope is moved. 5. Hair is different. 6. Beads are missing.

"Your cat has been leaving dead mice and birds on our doorstep all week, so I've made

you a lovely \_\_\_\_\_!"

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

**RACHOLS** Spring BUNCOE

Pure STACHE

Path LIASE

**TODAY'S WORD** answer on page 29

# **PUZZLE ANSWER**

### **SUDOKU**

5	9	4	2	3	6	8	7	1
8	2	7	1	5	9	6	3	4
6	1	3	8	7	4	5	9	2
7	6	2	3	1	5	9	4	8
1	4	5	6	9	8	3	2	7
9	3	8	4	2	7	1	5	6
4	7	1	9	6	3	2	8	5
2	8	9	5	4	1	7	6	3
3	5	6	7	8	2	4	1	9

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### COMMERCIAL RENTAL



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#RS 12/4 CC TFN

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Great location,

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### ANNUAL RENTAL

### **ANNUAL RENTALS SANIBEL**

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# ARS 3/18 BM TFN

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# **X**NS 4/24 CC TFN

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#NS 12/11 CC TFN

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RS 2/26 BM TFN

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# NEW BIG SANIBEL CONDO GULF FRONT CORNER/END!

2 Screen/Glass Doors Private Lanais. This is not a typical rental condo. Breathtaking views from both lanais. Luxury & High End Furnishings. One King & One Queen Big Bedrooms. www.vrbo.com/4085236ha Smaller Direct-Gulf-Front Luxury Condo: www.vrbo.com/192495 #NS 1/15 CC 4/8

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**RENTAL WANTED** 

Long-time Sanibel residents looking for a 2 or 3-bedroom unfurnished house or condo. Just us. No pets. We can make a move anytime between now and mid-August. email david33957@mac.com \$NS 3/18 CC 4/8

### ANNUAL RENTAL SANIBEL

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ARS 1/25 BM TFN







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### HELP WANTED

### **HELP WANTED**

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### VEHICLES FOR SALE

### 2002 BMW - 2 TOPS 'MINT' CONDITION



**New Front Michelins** 96K miles - \$6,500. FMI... 207-251-5050 #NS 4/1 CC 4/8

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Street legal, "gas" powered. \$6,500. 239-209-6500 **☆**RS 1/22 BM TFN

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260 Signature, 80 Hours, FW Cooled, Full Canvas, Never Used: Head, FW Tank, Micro & Stove, 2005 Venture Trailer inc. Must See Listed To Sell... \$37,000. FMI 207-251-5050 #NS 4/1 CC 4/8

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FROM STAPLES Cherry finish. Desk work surface, upper bookcase/cabinet,1 drawer file cabinet. \$100 or best offer. 412-491-5958 #NS 4/8 CC 4/8

### **SCRAMBLERS**

solution

1. Scholar; 2. Bounce; 3. Chaste; 4. Aisle Today's Word

CASSEROLE

### GARAGE • MOVING • YARD SALES

### **EAST END GARAGE SALE**

Saturday April 9th 8am-1pm 1125 Schooner Place Housewares, antiques, small appliances, artwork, collectibles and more. \*#NS 4/8 CC 4/8

### **HUGE GARAGE SALE**

SATURDAY, 4/9 9:30 AM - 1:00 PM FURNITURE, GUN CABINET, GLASSWARE, TOOLS, SMALL REFRIGERATOR, COLLECTIBLES, JEWELRY, LÔTS OF MISC. SOMETHING FOR EVERYONE 1243 SAND CASTLE ROAD (IN THE DUNES) SANIBEL, FL 33957 \*NS 4/1 CC 4/8

Shore Fishing:



Don't Harm The Fish by Capt. Matt Mitchel

anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages

- or kills the fish.

   Hold the fish in the water while you unhook it if you're going to
- The less you can touch a fish before release the better for the
- If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.
- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

### To those who are hungry, \$20 is a fortune.



But \$20 can feed a family of four for a week, thanks to the ...

### **Harry Chapin** Food Bank!

The Food Bank can acquire \$6 of nutritious food for every \$1 you donate, turning your \$20 into a week's worth of meals for a family of four...



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Mail your tax-deductible donation to: The Harry Chapin Food Bank 3760 Fowler Street, Fort Myers, FL 33901 Call (239) 334-7007 www.harrychapinfoodbank.org



# Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Water Shadows Unrecorded Subdivison	Sanibel	2000	3,216	\$2,195,000	\$2,100,000	0
Cases	Fort Myers Beach	1978	2,880	\$2,299,500	\$2,065,000	114
Ibis Cove At Bonita Bay	Bonita Springs	1995	5,416	\$1,970,000	\$1,750,000	319
Bellagio At The Colony	Bonita Springs	2007	4,431	\$1,649,900	\$1,500,000	140
Beach Estates	Fort Myers Beach	2015	2,867	\$1,449,000	\$1,375,000	252
Sanctuary At Wulfert	Sanibel	2004	3,108	\$1,350,000	\$1,350,000	363
Cranbrook Harbor	Estero	2003	6,914	\$1,497,500	\$1,297,500	121
Cape Coral	Cape Coral	2009	3,520	\$1,299,900	\$1,200,000	148
Sea Oats	Sanibel	1990	3,688	\$1,275,000	\$1,200,000	69
The Colony	Bonita Springs	2016	3.410	\$1.350.000	\$1.200.000	10

Courtesy of Royal Shell Real Estate



RIVER	
Emergency	S 044
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Poison Control	. 1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Foundation for Quality Childcare	332-3624 425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach LibraryLakes Regional Library	463-9691 533-4000
Lee County Chamber of Commerce	931-0931
Post OfficeVisitor & Convention Bureau	. 1-800-275-8777 338-3500
ARTS	
Alliance for the Arts	
Art League Of Fort Myers Barbara B. Mann Performing Arts Hall.	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts Fort Myers Symphonic Mastersingers	948-4427
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	
SW Florida Symphony	418-0996
Theatre Conspiracy	
CLUBS & ORGANIZATIONS Angel Flight	
Angel Flight	877-4AN-ANGEL 731-3535
American Business Women Association	357-6755
Audubon of SWFL	
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620 1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	
Garden Club of Cape Coral	
Horticulture and Tea Society	239-237-2034
Harticultural Cociety	472-8334
Horticultural Society	472-8334 472-6940
Lee County Genealogical Society	472-8334 472-6940 549-9625 939-7278
Lee County Genealogical Society	
Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354
Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL Sons of Confederate Veterans	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408
Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy Southwest Florida Music Association	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338
Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy Southwest Florida Music Association Kiwanis Clubs:	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 .561-2118
Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. 765-4 Fort Myers Edison	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 254 or 454-8090 694-1056
Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Edison Fort Myers South	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 254 or 454-8090 694-1056
Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Edison Fort Myers South Gateway to the Islands. Iona-McGregor	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 254 or 454-8090 694-1056 691-1405
Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans. Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. 765-4 Fort Myers Edison Fort Myers South Gateway to the Islands. lona-McGregor Lions Clubs:	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 254 or 454-8090 694-1056 691-1405 218-5768 482-0869
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Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Edison Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers High Noon Estero/South Fort Myers	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 254 or 454-8090 694-1056 691-1405 218-5768 482-0869 463-9738 466-4228 898-1921
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Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach Fort Myers Edison Fort Myers South Gateway to the Islands Iona-McGregor Lions Clubs: Fort Myers Beach Fort Myers Beach Fort Myers Beach Fort Myers Beach Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County POLO Club of Fort Myers Sanibel-Captiva Orchid Society United Way of Lee County United Way 211 Helpline (24 hour) AREA ATTRACTIONS Bailey-Matthews Shell Museum Burrough's Home Calusa Nature Center & Planetarium Edison & Ford Winter Estates Fort Myers Skate Park Imaginarium Hands-On Museum & Aquarium JN "Ding" Darling National Wildlife Refuge Koreshan State Historic Site Langford Kingston Home	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 254 or 454-8090 694-1056 691-1405 218-5768 482-0869 463-9738 466-4228 898-1921 768-0417 477-4906 332-8158 472-6940 433-2000 211 or 433-3900 395-2233 337-9505 275-3435 331-7420 472-1100 239-992-0311 239-334-2550
Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans. Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society. United Way 211 Helpline (24 hour) AREA ATTRACTIONS Bailey-Matthews Shell Museum. Burrough's Home Calusa Nature Center & Planetarium Edison & Ford Winter Estates Fort Myers Skate Park Imaginarium Hands-On Museum & Aquarium JN "Ding" Darling National Wildlife Refuge Koreshan State Historic Site Langford Kingston Home Ostego Bay Foundation Marine Science Center Skatium	472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 254 or 454-8090 694-1056 691-1405 218-5768 482-0869 463-9738 466-4228 898-1921 768-0417 477-4906 332-8158 472-6940 433-2000 211 or 433-3900 395-2233 337-9505 275-3435 334-7419 321-7558 321-7420 472-1100 239-934-2550 765-8101 321-7510
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		4	2					1
	2				9		3	
6				7		5		
	6			1			4	
		5	6					7
9			4		7	1		
		1			3	2		
	8		5				6	
3				8				9

### **SUDOKU**

### To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

# Pets Of The Week

ello, my name is Max. I'm an 11½-year-old neutered male brindle and white hound mix. Don't be fooled by my size. I'm a mellow fellow. I walk nicely on a leash and always act quietly around people and other dogs. If you are just looking for a good dog for a great companion, I'm your boy. My adoption fee is \$75.

Hello, my name is Tasha. I'm an 8-year-old spayed female black and white domestic short hair. Don't be deterred by my age. Not only am I young at heart, 8 is really not that old for a

really not that old for a cat. I love to meet and greet folks that visit the shelter looking for a new companion. I know I could be that special companion for you. My adoption fee is \$25.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

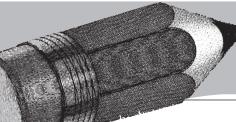
The adoption package is valued at \$500.☆



Max ID# 656290



Tasha ID# 656193



# BEACH CHAIR PAST

answers on page 25

# **Super** Crossword

### **DISCARD PILE**

### ACROSS 1 Merchandise taken back. briefly

- 5 London or Manhattan area
- 12 Divs. of dollars
- 15 Leaf support 19 Mimicry pro
- 20 Angle units 21 Girls' night out, perhaps
- 23 Small-scale golf variety 25 Massive
- 26 Fr. holy woman
- 27 Pop artist Warhol
- 28 Utter fibs 29 To be, in Québec
- 30 Wedding chapel vow **31** Like — of
- sunshine 33 Draft lottery org.
  35 Insult-hurling
- sort 38 Conversed
- with 40 Settle a debt **42** The. in
- Québec 43 Stop 44 Food cart's counterpart

on a ranch

46 Bummed out 47 "I get it!"

23

26

44

48

66

71 75

80

98

104

112

117

120

92 93

61

- **48** FDR's follower 49 Grill master's
- cover-up 50 Opera parts 52 Actor Jack of "Barney
- Miller' 55 Wichita resident
- 57 Execute a long slap shot, mavbe
- 60 Snooping (about) Juan or Eva
- of Argentina 65 Exact copy 66 Backed
- corner 67 Phrase with synonyms
  - starting this puzzle's eight longest Across
- answers 70 Indonesian skewered meat dish
- 71 Less quiet 73 Analyze the makeup of 74 Clan
- emblems 75 Expert witnesses unproven theories, sav
- 78 Kia minivan 80 Noah's craft

20

49

99

121

105

113

- - holidays!") 82 Shoulder lift 83 Bee chaser? 86 Bygone Olds

81 "L'shanah

(Hebrew

Happy

- 88 Eden woman 89 Beanbag tictac-toe game 92 Stand by for 95 Medical
- scan, briefly
   -Puf (body sponge) 97 "Billy Budd"
- star Stamp 98 Worker in the
- trenches? 101 Antitrust
- org. 103 Old Cuzco native 104 Portuguese
- for "year" 105 Tony winner Carter
- 106 Plant pouch 108 "Woe is me!" 110 Pollution-
- fighting org. 112 Ally of Rodan 114 Bit from a shredder
- 117 Charged 118 Trip for nature lovers 119 — -Alt-Del
- 120 Kiln used for drying hops 121 Modern art?

40

63

76

88

28

64

- 122 "Ain't gonna happen" 123 Former U.S. gas brand
- DOWN
- 1 Smart blows 2 Tombstone
- inscriptions Dwindle 4 Tolkien monster
- 5 Ocean Spray prefix 6 Dial, Zest
- and Coast 7 Arnold. Duchin and Merckx
- 8 Rim Writer Bellow 10 Actual thing
- 11 Daisy's kin 12 Common crudités
- go-with 13 Fractions for many agents 14 Bull's sound
- 15 Sleuth Spade 16 Russian
- carriage Chopin's 27 18 Southern Indian city
- 22 Moralize from a pulpit 24 Actress Salma -
- 32 Dog show gp. 34 Soundswapping reverend

21

25

29

65

90

103

110

116

119

123

36

42

68 69

78

101

108

50

89

96

100

106

118

122

- 36 Eye-opener? 37 Grazing area 38 Educ. inst.
- 39 Nashville nasality 41 The
- Atlantic's Cape — 45 Pictorial plot
- 46 Sweatboxes Tennis pro Arthur **51** Give it —
- 52 Set of rooms 53 William of – ("razor" philosopher)
- 54 Green-lights 55 Newsstand 56 Novelist Nin
- Seek water with a divining rod 58 Printer brand
- 59 "Oro y —" 60 Martial-arts mercenary **61** "God is
- side' 62 Smell nasty "Law &
- Order" actor Linus 67 Common
- jazz combo 68 Rinse 69 Australia's
- Bock 72 Prefix for "outer" 74 Old Roman
- wraps 76 Marshy tract of land

- 77 What GPS aids in: Abbr.
- 79 Nebula, in part 82 Bassist Sutcliffe
- 83 Notions 84 Performers
- like Houdini 85 Suffix with iournal
- 86 Rock's Ocasek 87 Cultural
- 90 Brittle 91 Stimpy's
- cartoon bud **92** Slow,
- to Solti 93 Ryder of film
- 94 In conflict 95 "Lite" beer
- 96 Lorraine of "The
- Sopranos" 99 D. in Greece 100 Ruhr hub
- 102 Knock at gently
- 107 Nile critter 109 Retro
- hairdo 111 Guthrie with a
- guitar 113 Facial flaw

16

Greek H 115 — distance 116 Star pitcher

# King Crossword

### **ACROSS**

- Binge San -Calif.
- Write in the margins
- 12 Time of your life?
- -Saxon 14 Raw rock 15 India's
- movie industry

36

1964

54 Poorly lit

Jeremy

"Help!

59 Enthusiast

Poke

Past

type

couch

Toothpaste

Convertible

58 Yonder

DOWN

3

- 17 Meadow 18 "The Daba
- Honeymoon' 19 Zigzag
- on skis 21 Agile
- 24 Allurina 25 Commotion 26 Banned
- bug spray
- intoxicated podrida 33 Knight's
- address 35 Protuber-
- ance 36 Alabama city
- 38 Apiece 40 Literary
- collection 41 Sweet potatoes
- 43 Chaste 45 Archaeologist's relic

- 48 Clay, today To the center 27 Gratuity
  Id counter- 29 Writer Ferber 49 Broadway 6 heroine who part debuted in
  - Lip cosmetic 32 A bunch Dinghy's
- 55 Precipitous cousin 10 Cream-filled 56 Basketball's treat
  - 16 Science workshop 20 Nerve cell
    - process Neighbor of
    - 22 Not working 23 Model who
- (Lat.) 34 Party animal 37 In the thick of 39 Confirm a 11 Squad password.

30 Authentic

You love

- perhaps Laziness 44 Bando of baseball
- 45 Crazes Cambodia 46 Hodgepodge
- 50 Shelter 51 Sprite co-starred in 52 By way of 'Las Vegas" 53 Hostel

### **FAMOUS** MAGIC MAZE WALLS

YKIFCZWURPMJHNE CZXMUSQNLJGECOZ

AYHUAMA

NOTSNNTTNRPNLNN J O H H E A T A W C A Y W O I

TNCRPIENALKLLL

GENILCRIB IYZXR

SYORTLEWBABMIZB

ILMERKGDVBLWUE

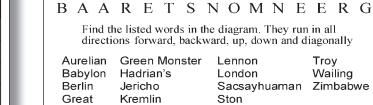
R P U O M L J J B I H G E N D

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Green Monster Aurelian Babylon Hadrian's Berlin Jericho

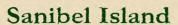
London Sacsayhuaman Zimbabwe

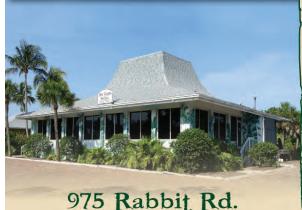
Trov Wailing



Lennon Kremlin







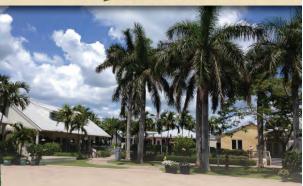
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